

The Chelsea and Westminster Hospital International Symposium
In collaboration with Imperial College London

London 2012



The Future of Obesity Treatment

A Multidisciplinary State of the Art Update

Friday 3rd February 2012
The Royal College of Physicians
London, United Kingdom

Symposium Directors

Gianluca Bonanomi, MD, FRCS

Carel le Roux, PhD, MRCP

Bobby Prasad, FRCPI



International Guest Faculty

Nicolas Christou (McGill University, Canada)

Philip R. Schauer (Cleveland Clinic, USA)

Christopher Thompson (Harvard Medical School, USA)



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The Future of Obesity Treatment

An International Multidisciplinary State of The Art Update

Dear Colleagues

Obesity and its consequences are set to become one of the most important health care issues of the next few decades. Neither public health policy nor the available medical treatments have been able to consistently address the obesity epidemic, which continues to affect patients' health, quality of life and the wider impact on society. We believe that the challenge needs to be addressed through a multidisciplinary approach involving and promoting collaboration across different specialities including physicians, surgeons, policy makers, commissioners and managers.

"London 2012: The Future of Obesity Treatment" aims to review the current status of obesity treatment and to discuss how best to address the challenges in the future.

We are privileged to have the world's leading authorities to address this challenging topic and we aim to make the meeting as interactive as possible with expert panel discussions and a final debate on the different treatment options.

The meeting is open to general practitioners, surgeons, physicians, diabetologists, endocrinologists, gastroenterologists, endoscopists, commissioners and managers, all of whom face their own specific challenges in this evolving field. Our invitation is also extended to trainees and allied health care professionals involved in the specialist management of patients suffering from obesity.

We are delighted to invite you to attend this state of the art International Symposium on February 3rd 2012 at the Royal College of Physicians in London.

Gianluca Bonanomi, MD, FRCS

Consultant Surgeon
Symposium Co-Director
Chelsea and Westminster
NHS Foundation Trust
London, United Kingdom

Carel le Roux, PhD, MRCP

Reader in Metabolic Medicine
Symposium Co-director
Imperial College London
London, United Kingdom

Bobby Prasad, FRCPI

Consultant Gastroenterologist
Symposium Co-Director
Chelsea and Westminster
NHS Foundation Trust
London, United Kingdom

The International Symposium is endorsed by:



08:30 –09:30

Coffee/Registration

09:30 –09:40

Welcome Address and Introduction

Mr Gianluca Bonanomi, *Chelsea and Westminster Hospital London*

09:40 –10:00

How will the International Diabetes Federation statement change the future?

Prof Sir George Alberti, *University of Newcastle/Imperial College London*

MORNING SESSION: THE MEDICAL APPROACH TO OBESITY

Chairs: James Ahlquist (*Royal Society of Medicine*), Michael Feher (*Chelsea & Westminster*)

10:00–10:20

Obesity: What is the challenge for the community?

Dr David Haslam, *Chairman, National Obesity Forum*

10:20–10:40

Which patients stand to gain most from obesity treatment?

Dr Simon Aylwin, *King's College London*

10:40–11:00

What is the current status of obesity and diabetes treatment?

Prof John Wilding, *University of Liverpool*

11:00–11:20

How can health care systems afford obesity and diabetes treatment?

Mr Mike Lander, *Commissioner South East Coast England*

11:20–11:40

Coffee

MORNING SESSION: NOVEL THERAPEUTIC APPROACHES TO OBESITY

Chairs: Bobby Prasad (*Chelsea & Westminster*), Kevin Shotliff (*Chelsea & Westminster*)

11:40–12:00

Is the magic medicine on the horizon?

Prof Steve Bloom, *Imperial College London*

12:00–12:20

Can obesity be treated using an endoscope?

Dr Christopher Thompson, *Harvard Medical School, Boston, USA*

12:20–12:50

Panel discussion

Martin Benson (C&W), Shamil Chandaria (NOF), Bobby Prasad (C&W), Julian Teare (Imperial), Christopher Thompson (USA), John Wilding (Liverpool)

12:50–13:50

Lunch

AFTERNOON SESSION: THE SURGICAL APPROACH TO OBESITY

Chairs: Ahmed R. Ahmed (*Imperial*), Evangelos Efthimiou (*Chelsea & Westminster*)

13:50–14:00

The future of obesity treatment: how can we influence policy makers?

Mr Michael Parker, *Royal College of Surgeons*

14:00–14:20

What are the long term outcomes of bariatric surgery? The good, the bad and the ugly.

Dr Nicolas Christou, *McGill University, Montreal, Canada*

14:20–14:40

What clinical evidence do we need to move bariatric and metabolic surgery forward?

Dr Philip R. Schauer, *Cleveland Clinic, USA*

14:40–14:55

What does basic science today predict for future obesity treatments?

Dr Carel le Roux, *Imperial College London*

14:55–15:20

Panel discussion

Nicolas Christou (*Canada*), David Kerrigan (*Liverpool*), Torsten Olbers (*Imperial*), Philip R. Schauer (*USA*), James Smellie (C&W), Jeremy Thompson (C&W)

15:20–15:40

Coffee

DEBATE:

OBESITY IS THE QUESTION: What will be the answer- a tablet, an endoscope or a scalpel?

Chairs: Gianluca Bonanomi (*Chelsea & Westminster*), Carel le Roux (*Imperial*)

15:40–16:40

• **Medical motion:**

Prof Nicholas Finer, *University College London*

• **Endoluminal Motion:**

Dr Christopher Thompson, *Harvard Medical School, Boston, USA*

• **Surgical Motion:**

Mr Alberic Finnes, *President, British Obesity and Metabolic Surgery Society*

16:40–17:00

Recommendations and Closing Remarks

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The Future of Obesity Treatment

Scientific Committee

Evangelos Efthimiou *Chelsea & Westminster*
Michael Feher *Chelsea & Westminster*
Haris Khwaja *Chelsea & Westminster*
Kevin Shotliff *Chelsea & Westminster*

International Guest Faculty

Nicolas Christou *McGill University, Montreal, Canada*
Philip R Schauer *Cleveland Clinic, USA*
Christopher Thompson *Harvard Medical School, Boston, USA*

National Faculty

James Ahlquist *Royal Society of Medicine*
Ahmed R. Ahmed *Imperial College*
George Alberti *University of Newcastle/Imperial College*
Simon Aylwin *King's College*
Martin Benson *Chelsea & Westminster*
Steve Bloom *Imperial College*
Gianluca Bonanomi *Chelsea & Westminster*
Evangelos Efthimiou *Chelsea & Westminster*
Shamil Chandaria *National Obesity Forum*
Michael Feher *Chelsea & Westminster*
Alberic Fiennes *British Obesity and Metabolic Surgery Society*
Nick Finer *University College London*
David Haslam *National Obesity Forum*
David Kerrigan *University of Liverpool*
Haris Khwaja *Chelsea & Westminster*
Mike Lander *South East Coast Commissioning*
Neil Munro *Chelsea & Westminster*
Torsten Olbers *Imperial College*
Michael Parker *Royal College of Surgeons*
Bobby Prasad *Chelsea & Westminster*
Carel le Roux *Imperial College*
Kevin Shotliff *Chelsea & Westminster*
James Smellie *Chelsea & Westminster*
Julian Teare *Imperial College*
Jeremy Thompson *Chelsea & Westminster*
John Wilding *University of Liverpool*

CPD: applied for

This educational activity is supported by:



Registration Form

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The Future of
Obesity Treatment

International Symposium

First Name _____ Surname _____ Job Title _____

Institution _____

Street address _____

City _____ Zip/Postcode _____ Country _____

Membership no. _____ (please tick as appropriate) RSM BOMSS SICOB IFSO

Telephone _____ e-mail _____

Any special needs or diet _____

Registration Fees

RSM, BOMSS, IFSO, SICOB members

	by 23/12/11	after 23/12/11	by 23/12/11	after 23/12/11
Consultant/GP	£ 120	£ 140	£ 100	£ 120
Trainee/Allied Health Professional	£ 90	£ 100	£ 80	£ 90

Hotel Lodging and Transportation

Please visit <http://chelwest.nhs.uk> or contact the Organising Secretariat for information

Method of Payment (please tick the box)

Cheque:
I enclose a cheque for £ _____ made payable to "The Chelsea and Westminster Hospital NHS FT"

Credit/Debit Card Payments:
Please contact our Credit Control Team on +44 20 33152875 or +44 20 33152866

Bank Transfer:
Bank name: Citibank
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Reference: bariatric symposium
Account no: 12270137 Sort Code: 08-33-00
IBAN: GB02CITI08330012270137 SWIFT/BIC: CITIGB2L

Please return your form by mail or fax to:

Rosamunde Wood
Postgraduate Medical Centre
Chelsea and Westminster Hospital
369 Fulham Road
SW10 9NH London (United Kingdom)
Tel: +44 20 331 58310 Fax: +44 20 8746 8248
e-mail: r.wood@chelwest.nhs.uk <http://chelwest.nhs.uk>

Registration will be confirmed only when payment is completed.

Cancellations must be received in writing before 3rd January 2012. No refunds will be issued after this date.
Refunds will incur a 15% administration charge.