



# Your hospital admission

## Easy Read Version

Choose  
**Chelsea and  
Westminster**

Chelsea and Westminster Hospital **NHS**  
NHS Foundation Trust

## Before you come in

**Read** the letter we will send you.



**Tell us** you are happy with your date by phone:



- **020 3315 2800** for **surgical** admissions
- **020 3315 5837** for **medical** admissions

By email for **surgical** admissions:



- [surgical.admission@chelwest.nhs.uk](mailto:surgical.admission@chelwest.nhs.uk)

By email for **medical** admissions:

- [Lillian.Izurieta@chelwest.nhs.uk](mailto:Lillian.Izurieta@chelwest.nhs.uk)

You need to **tell us** within 2 weeks you are happy with your date.



When you **do not** tell us within 2 weeks your operation will be cancelled.



When you **do not** tell us within 2 weeks we will ask your doctor to help you.



We can call you to arrange a **different** date.



**Tell us** when you can not come by phone

- **020 3315 2800** for **surgical** admissions
- **020 3315 5837** for **medical** admissions



By email for **surgical** admissions

- [surgical.admission@chelwest.nhs.uk](mailto:surgical.admission@chelwest.nhs.uk)

By email for **medical** admissions

- [Lillian.Izurieta@chelwest.nhs.uk](mailto:Lillian.Izurieta@chelwest.nhs.uk)



Tell people you cannot go for your **pension** because you will be in hospital.



Tell people you cannot go for your **benefits** because you will be in hospital.



**Ask** someone for help when you do not know who to tell.



## What to bring

- Nightwear



- Dressing gown



- Non-slip slippers



- Toiletries



- Flannel
- You can use our towels to get dry



- Spare change for TV and phone



- Non-slip shoes



- Dentures



- Glasses



- Contact lenses and solution



- Contact details for family or carers



- Comfortable day clothes



- You will have a **small** locker



- Do not bring too many things



## What NOT to bring

- Do not bring valuable things as your locker does not lock
- You can use the ward safe for valuable things you have to bring
- We will trust you to look after your own things
- We will ask you to sign a form to say you are happy to look after your own things
- You will have a television near your bed
- You will have a radio near your bed



- You will have a telephone near your bed



- You will need to buy a card to use the TV or radio or phone



- Ask a member of staff on the ward for help with your card



- Mobile phones are allowed on **silent**



- **Do** bring your medicine to give to our staff



- Give your medicine to a member of staff when you arrive



## The day you come in

- Do not eat anything **after** midnight before you come in



- Do not drink anything **after** 5:20am before you come in



- Mouthwash is OK when you do not swallow any



- Do not eat or chew any sweets or chewing gum before you come in



- When your appointment is in the afternoon **do not eat after 6am**



- When your appointment is in the afternoon you can only drink water until 10:30am





- Take tablets with only a sip of water



- When you are having other treatment ask your doctor or nurse when you can eat



- When you are having other treatment ask your doctor or nurse when you can drink



## Infection Control

Please use the hand wash before leaving and entering the ward.



## How to find us

### Local bus stops



- 14** Fulham Road (from South Kensington and Fulham Broadway stations)
- 414** Fulham Road (from South Kensington and Fulham Broadway stations)
- 328** Redcliffe Gardens (from Earl's Court Station)
- 211** Fulham Road (from Fulham Broadway station)
- C3** Redcliffe Gardens (from Earl's Court station)

## Local underground stations

**Fulham Broadway** (District Line Wimbledon branch)

**Earl's Court** (Piccadilly, District & Circle Lines)

**South Kensington** (Piccadilly, District & Circle Lines)

**Gloucester Road** (Piccadilly, District & Circle Lines)



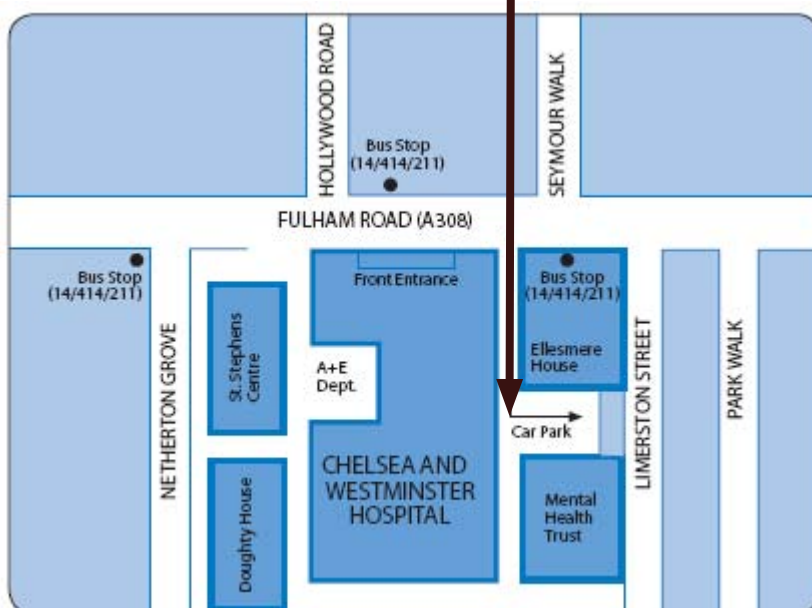
## Parking

Spaces are available in the hospital's car park (minimum payment of £3.50 for up to 1 hour). There are parking meters in nearby streets.



## Bicycles

There are bicycle racks in the car park.



## About us

When you need answers you can contact the Membership and Patient Advice and Liason service **office**.



You can find the **office** on the ground floor of the hospital.



You can find the **office** behind the main reception.



You can tell us what you think by using a **comment card**.



You can get a **comment card** from our office.



You can tell us what you think by using a **feedback form** on the website



[www.chelwest.nhs.uk](http://www.chelwest.nhs.uk)

You can tell us what you think using a **Patient Experience Tracker**.



Please ask your nurse about the **Patient Experience Tracker**.



## Your hospital admission

This leaflet has been written for you by our hospital staff.



When you need to phone your questions to **Surgical Admissions** confirmation line call:

**020 3315 2800**



When you need to email your questions to **Surgical Admissions** use:

**[surgical.admissions@chelwest.nhs.uk](mailto:surgical.admissions@chelwest.nhs.uk)**



When you need to send a letter to **Surgical Admissions** use:

Surgical Admissions  
Chelsea and Westminster Hospital  
369 Fulham Road  
London  
SW10 9NH



When you need to phone your questions to **Medical Admissions** confirmation line call:

**020 3315 5837**



When you need to email your questions to **Medical Admissions** use:

**Lillian.Izurieta@chelwest.nhs.uk**



When you need to send a letter to **Medical Admissions** use:

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Chelsea and Westminster Hospital  
369 Fulham Road  
London  
SW10 9NH



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