Pre-Assessment

This leaflet invites you for a pre-assessment in the GRAS

Contact information

020 8746 5076 (Direct Line)

Patient Advice & Liaison Service (PALS)

If you have concerns or wish to give feedback about services, your care or treatment, you can contact the PALS office on the Ground Floor of the hospital just behind the main reception.

Alternatively, you can send us your comments or suggestions on one of our comment cards, available at the PALS office, or on a feedback form on our website www.chelwest.nhs.uk/pals.

We value your opinion and invite you to provide us with feedback.

T: 020 3315 6727
E: cwpals@chelwest.nhs.uk
What is a transvaginal ultrasound scan?
A transvaginal ultrasound scan is a type of pelvic ultrasound which is an internal examination of the female reproductive organs. This includes the uterus, fallopian tubes, ovaries, cervix, and vagina. Transvaginal means through the vagina.

How is the transvaginal ultrasound scan performed?
The ultrasound will be performed using a probe which is inserted into the vagina. During the vaginal scan procedure, you will lie on your back with your knees apart in a position like having a smear taken.

- Please let your Nurse knows if you have latex allergy or sensitivity
- Similar to a smear test or internal vaginal examination, the probe is gently inserted in the vagina. If you can manage a vaginal cervical smear test you should be able to tolerate the scan.
- The probe is moved in various directions, so nurse can indirectly see pelvic structures on the monitor. You should feel nothing more than some minor discomfort. The whole procedure takes about 10 minutes.

What happens after the scan?
Following the scan an internal examination is usually performed with a single use plastic vaginal speculum. At this point we assess the vulva (the outside of the genitals), the vagina and the cervix.

A small vaginal speculum is usually used in this examination but there are various sizes to suit each individual.

When do I get the results of the scan and examination?
Following the vaginal examination cause of your bleeding may be identified and you will be advised what treatment may be needed.

The nurse will discuss the finds of your vaginal ultrasound scan at the end of the procedure. Depending upon the results you may be advised to have a hysteroscopy.

What happens if I need a hysteroscopy?
If a hysteroscopy is indicated, the nurse will explain what to expect and answer your questions. Written consent will be taken at this appointment.

What is a hysteroscopy?
You will be provided with further information about a hysteroscopy.