



West Middlesex University Hospital

Chelsea and Westminster Hospital **NHS**
NHS Foundation Trust

West Middlesex University Hospital
Audiology & Hearing Therapy Department

HEARING THERAPY

Your ENT doctor has referred you to us as you have been suffering from either Tinnitus/ hearing loss / Auditory Processing Disorder or Hyperacusis. The symptoms can be very stressful and can impact your everyday living.

The purpose of this appointment is to obtain a medical history and to give advice regarding coping strategies.

If you have tinnitus, we ask you to complete the attached 'Tinnitus Questionnaire' as this helps us understand how the tinnitus affects your daily living.

If you fail to attend this appointment, you will be discharged back to your GP's care & will need a new referral. This is in line with the hospital policy.

If you need to cancel this appointment, you are only allowed to cancel your appointment twice. If you cancel a 3rd time you will be discharged back to your GP & will need a new referral. This is in line with the hospital policy.

Please arrive on time for your appointment. If your appointment is at West Middlesex University Hospital, report to the Audiology and Hearing Aid Reception. Failure to do so will result in not being seen. Please arrive on time for your appointment.

Please ensure your mobile phone is switched off before this appointment.

If you wish to bring a family member/ friend to this appointment please feel free to do so.

If you need an Interpreter do contact us well in advance for this to be arranged.

If you require transport, as this is your first appointment with this department, you need to get your GP to arrange this.

The appointment has been allocated for 1 hour and you will be seen by a qualified Audiologist, who is registered with The Registration Council for Clinical Physiologists. On Occasions it will be an Adult Rehabilitation Officer that will provide the Hearing Therapy.

Initially your personal details will be verified. A medical history of your Tinnitus/ hearing loss/ Auditory Processing Disorder/ Hyperacusis will be taken.

Please inform the Audiologist at the start of the appointment if you have a pacemaker.

Your ears will be checked to ensure you have no ear wax. The results of the hearing test you had done during the ENT appointment will be discussed with you. The hearing mechanism will also be discussed and coping strategies regarding your Tinnitus/ hearing loss/ Auditory Processing Disorder/ Hyperacusis.

If it is necessary, a follow up appointment may be scheduled.