



SfE Guidance on Adult Growth Hormone (GH) replacement therapy during the COVID -19 pandemic

- **Patients established on growth hormone who are well**
 - Continue GH replacement as same dose even if no recent IGF-1 level available
 - If patients prefer to pause their GH replacement or if there is a supply issue, patients can safely pause their GH treatment for the coming months.
- **Patient with suspected or confirmed Covid-19**

Stop GH if patient requires hospital admission and restart when patient has recovered and is asymptomatic from Covid-19
- **New patients with confirmed GH deficiency**

Delay GH initiation to avoid unnecessary travel for blood tests and to avoid starting GH without biochemical and clinical monitoring