

Giving birth in North West London

Improving maternity services

The NHS in North West London is dedicated to ensuring that women have access to the highest possible quality of care, wherever they choose to give birth.

Recently we have concentrated our staff and resources into six maternity units. This has enabled us to have more midwives and senior consultants in our units to provide care for women, upgrade our facilities, provide more antenatal (before birth) and postnatal (after birth) care locally and offer greater home birth choice.

Your choices

In North West London there are **six hospitals** where you can give birth:

- Chelsea and Westminster
- Hillingdon
- Northwick Park
- Queen Charlotte's and Chelsea
- St Mary's
- West Middlesex

You can no longer give birth at Ealing Hospital.

All our maternity units offer both consultant-led and midwifery-led care depending on the level of support you

need. You can also choose to give birth at home, where you will be supported by our home birth team.

Antenatal care is carried out in our hospitals, in children's centres and in health centres close to where you live. Most women can choose where they receive antenatal care, although some women with particular medical needs may be advised to attend hospital for appointments.

Women can also choose to have their postnatal care either at home, in hospital, or in health and children's centres near where they live.

How to book

You can be referred to any of our maternity units by your GP, or you can complete a referral form on the individual hospital websites.

This booklet provides you with information on each of our hospital maternity units in North West London, including a map of where they are.

For more information

to help you make your choice of where you want to give birth, you can look on each hospital website or speak to your midwife or GP.



Whichever hospital you choose for your care, all maternity units in North West London include the following services...



Core services

- ✓ Birth centre
- ✓ Birth rooms
- ✓ Birthing pools
- ✓ Midwife-led care
- ✓ Consultant cover
- ✓ Home birth option
- ✓ Antenatal ward
- ✓ Antenatal care in the community
- ✓ Neonatal care
- ✓ Postnatal ward
- ✓ Postnatal care in the community
- ✓ Postnatal care at home
- ✓ Private room hire

Expert care

- **Midwife-led** care for the majority of our women with access to a highly experienced team of midwives 24-hours-a-day, seven-days-a-week
- **Increased consultant cover** for women who require more complex care and support
- **Experts** from different areas of healthcare and other health professions as required
- **Support for women** who choose to have their babies at home

Modern facilities

- Birthing centres which include **rooms with birthing pools**
- Labour wards with **specialist maternity theatres**
- **Recovery areas** for women who have given birth in theatre

- **Special Care Baby Units and intensive care units** for babies requiring continuous medical and nursing care due to prematurity or complex needs

Choice of care

- Choice of **where you give birth**: at home, in a hospital birth centre or labour ward
- Choice of **where you have your antenatal and postnatal care**: in hospitals, children's centres or in health centres



Hospital maternity units in North West London

1 *Hammersmith
& Fulham*

2 *Kensington
& Chelsea*

3 *City of
Westminster*

Northwick Park Hospital

Maternity Department
Watford Road, Harrow, HA1 3UJ
020 8864 3232
www.lnwh.nhs.uk

Hillingdon Hospital

Maternity Department
Pield Heath Road, Uxbridge,
Middlesex, UB8 3NN
01895 279471
www.thh.nhs.uk

West Middlesex University Hospital

Maternity Department
Twickenham Road, Isleworth,
Middlesex TW7 6AF
020 8321 5007 / 6420
www.westmidmaternity.org.uk

Queen Charlotte's and Chelsea Hospital

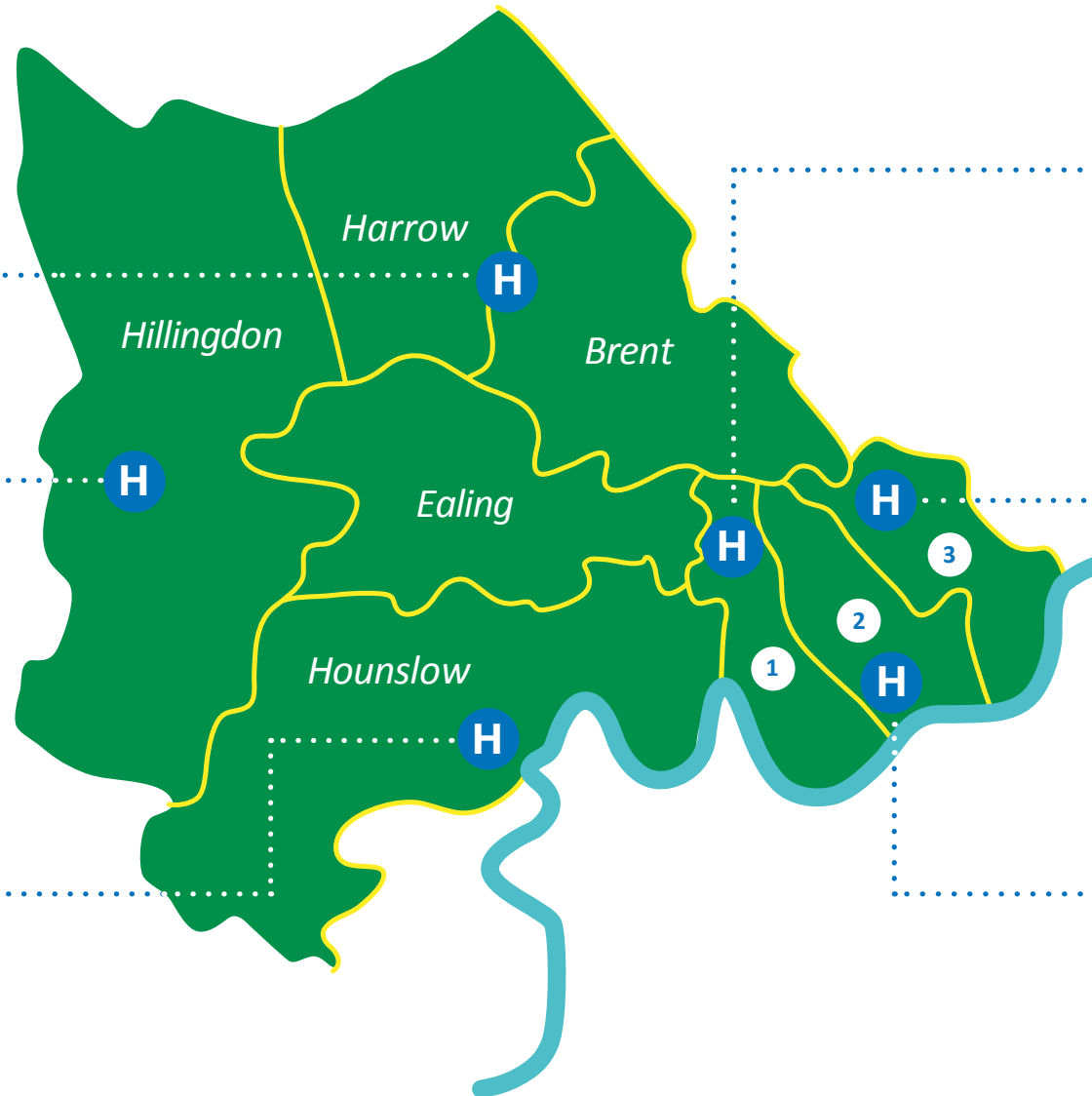
Maternity Department
150 Du Cane Road,
London, W12 0HS
020 3312 6135
www.imperial.nhs.uk

St Mary's Hospital

Maternity Department
Praed Street, Paddington,
London, W2 1NY
020 3312 6135
www.imperial.nhs.uk

Chelsea and Westminster Hospital

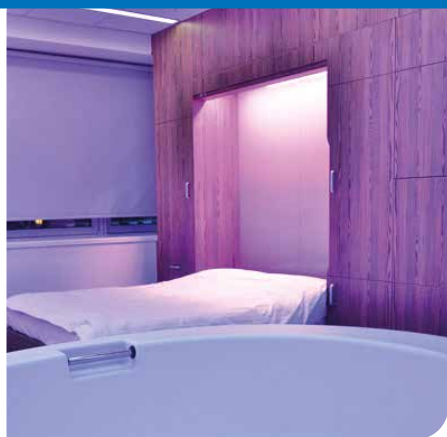
Maternity Department
369 Fulham Road,
London, SW10 9NH
020 3315 6000
www.chelwest.nhs.uk



To find out more speak to your GP or a midwife

Chelsea and Westminster Hospital Maternity Service

369 Fulham Road,
London, SW10 9NH
020 3315 6000

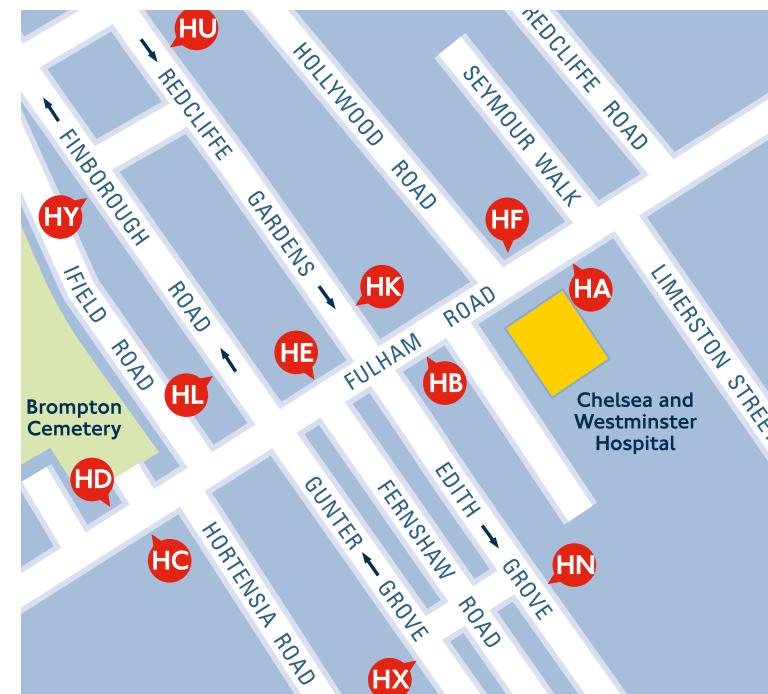


"Our experienced team of doctors and midwives offer a wide range of birthing choices for women in superb surroundings."

Specialist services

- ✓ Neonatal intensive care unit
- ✓ Fetal medicine service
- ✓ High risk labour ward
- ✓ Specialist help for women with HIV
- ✓ Specialist support for women with mental health issues
- ✓ Diabetic service
- ✓ Support for pregnant women with heart disease
- ✓ Clinic for women with a history of previous loss or early pregnancy
- ✓ Support for women who have had Female Genital Mutilation (FGM)
- ✓ Support for women who have had caesarean section but want a natural birth
- ✗ Teenage pregnancy clinic
- ✓ Raised Body Mass Index (BMI) support
- ✓ Renal and sickle cell referral centre
- ✓ ECV breech clinic - attempting to turn a baby from a breech position to a head down position
- ✓ Aromatherapy and alternative pain relief
- ✓ En-suite bathrooms

How to find Chelsea and Westminster Hospital



Underground: Fulham Broadway (District Line), Earls Court (Piccadilly and District Lines), South Kensington (Piccadilly; District and Circle Lines) and Gloucester Road (Piccadilly, District and Circle Lines). All stations are a 5–20 minute walk.

By car: Limited parking available. Car park becomes very busy during the day. Car parking charges apply – £3.00 per hour (maximum stay 24 hrs). There is also a drop-off point close to the maternity unit.

Disabled parking spaces available free of charge to drivers who have a hospital appointment and are displaying a valid disabled driver's permit in the underground car park.

Route finder

Day buses including 24-hour services

Route	towards	Bus stops
14	Putney Heath	HA HB HC
	Warren Street	HD HE HF
211	Hammersmith	HA HB HC
	Waterloo	HD HE HF
328	Chelsea	HK HN HU
	Golders Green	HL HX HY
414	Maida Hill	HD HE HF
	Putney Bridge	HA HB HC
C3	Clapham Junction	HK HN HU
	Earl's Court Tesco	HL HX HY

Night buses

Route	towards	Bus stops
N31	Camden Town	HL HX HY
	Clapham Junction	HK HN HU

Buses: 14, 211, 328, 414 and C3.

Hillingdon Hospital Maternity Service

Pield Heath Road,
Uxbridge, Middlesex,
UB8 3NN
01895 279471



*“Our delivery suite
(labour ward)
has recently been
refurbished to provide
a light, spacious,
home-from-home
birthing environment
with greatly improved
facilities.”*

Specialist services

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- ✓ En-suite bathrooms

How to find Hillingdon Hospital



Underground: Piccadilly or Metropolitan lines to Uxbridge Station. Then take the bus to Hillingdon Hospital.

Rail: West Drayton station. From there take the U3 bus to Hillingdon Hospital.

By car: Limited parking available. Car parking charges apply. It is recommended to go by public transport if possible. Short and long term car parks: £1.60 per hour (cash only), (maximum stay 24 hrs+). There is also a drop-off point close to the maternity unit.

Disabled parking are available free of charge for people who display a valid disabled driver's permit.

Route finder

Day buses

Bus route	Towards	Bus stops
U1	Ruislip	HA, HD
	West Drayton	A, HB, HC
U2	Brunel University	HA, HD
	Uxbridge	A, HB, HC
U3	Heathrow Terminals 1, 2, 3	A, HB, HE
	Uxbridge	HA, HG
U4	Hayes ProLogis Park	A, HB, HC
	Uxbridge	HA, HD
U5	Hayes & Harlington	A, HB, HE
	Uxbridge	HA, HG
U7	Hayes Sainsbury's	A, HB, HC
	Uxbridge	HA, HD

Buses: U1, U2, U3, U4, U5, U7 and 975 (Tuesdays only).

Northwick Park Hospital Maternity Service

Watford Road,
Harrow, HA1 3UJ
020 8869 5252

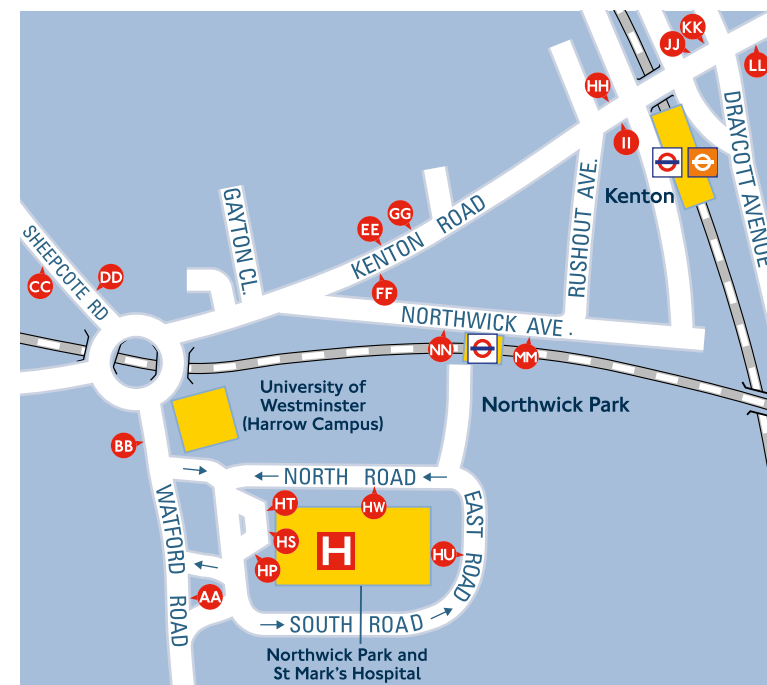


*"A safe, homely
and comfortable
environment
where experienced
midwives specialise
in natural births."*

Specialist services

- ✓ Neonatal intensive care unit
- ✓ Fetal medicine service
- ✓ High risk labour ward
- ✓ Specialist help for women with HIV
- ✓ Specialist support for women with mental health issues
- ✓ Diabetic service
- ✓ Support for pregnant women with heart disease
- ✓ Clinic for women with a history of previous loss or early pregnancy
- ✓ Support for women who have had Female Genital Mutilation (FGM)
- ✓ Support for women who have had caesarean section but want a natural birth
- ✓ Teenage pregnancy clinic
- ✗ Raised Body Mass Index (BMI) support
- ✗ Renal and sickle cell referral centre
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- ✗ Aromatherapy and alternative pain relief
- ✓ En-suite bathrooms

How to find Northwick Park Hospital



Underground/Rail: Northwick Park is on the Metropolitan Line. Kenton station (Bakerloo and London Overground services) is 10-15 minutes walk away.

By car: Parking available. There is also a drop-off point close to the maternity unit. Car parking charges apply: Up to 1 hour: £2.50; Up to 2 hours: £4.70; Up to 5 hours: £6.10; Up to 8 hours £9.40; Up to 24 hours £12.20; 5-Day Pass £22.50.

Disabled parking spaces are available free of charge for people who display a valid disabled driver's permit and park in designated bays in the multi-storey car park or car parks 2 to 4.

Buses: 186, 223, H9, H10, H14, H18, H19 and N18. Route 182 stops a short

Route finder

Day buses including 24-hour services

Route	towards	Bus stops
114	Mill Hill Broadway	DD GG HH KK
	Ruislip	CC FF II LL
182	Brent Cross Shopping Centre	AA
	Harrow Weald	BB
183	Golders Green	DD GG HH JJ
	Pinner	CC FF II LL
186	Brent Cross Shopping Centre	HS HW
223	Harrow	FF HS II LL
	Wembley	GG HH HT JJ
H9	Harrow via Wealdstone	DD EE GG HH HT KK MM
H10	Harrow	CC HS II LL NN
H14	Hatch End	HP
H18	Harrow	II LL NN
H19	Harrow via Wealdstone	EE GG HH KK MM

Route	towards	Bus stops
N18	Harrow Weald	BB
	Trafalgar Square	AA

distance away on Watford Road.
114 and 183 stop on Kenton Road,
a 10 minute walk away.

Queen Charlotte's and Chelsea Hospital Maternity Service

150 Du Cane Road,
London, W12 0HS
020 3312 6135



"Queen Charlotte's & Chelsea Hospital is world-renowned for its maternity unit with around 5,000 babies born each year."

Specialist services

- ✓ Neonatal intensive care unit
- ✓ Fetal medicine service
- ✓ High risk labour ward
- ✓ Specialist help for women with HIV
- ✓ Specialist support for women with mental health issues
- ✓ Diabetic service
- ✓ Support for pregnant women with heart disease
- ✓ Clinic for women with a history of previous loss or early pregnancy
- ✓ Support for women who have had Female Genital Mutilation (FGM)
- ✓ Support for women who have had caesarean section but want a natural birth
- ✓ Teenage pregnancy clinic
- ✓ Raised Body Mass Index (BMI) support
- ✓ Renal and sickle cell referral centre
- ✓ ECV breech clinic - attempting to turn a baby from a breech position to a head down position
- ✓ Aromatherapy and alternative pain relief
- ✓ En-suite bathrooms



Queen Charlotte's and Chelsea Hospital is situated in Hammersmith Hospital

How to find Queen Charlotte's and Chelsea Hospital

Underground: From East Acton station it is about a 10 minute walk down Du Cane Road.

By car: General parking is very limited at or near the hospital. Car parking charges apply. Short and long term car parks: £2.00 per hour. Long term car park has no max stay. Both are cash only. There is also a drop-off point close to the maternity unit.

Disabled parking spaces are available free of charge for people who display a valid disabled driver's permit.

Route finder

Day buses including 24-hour services

Route	towards	Bus stops
7	East Acton Telford Way	DEGKS
	Oxford Circus	ABCGT
70	Chiswick Business Park	DFGKS
	South Kensington	ABCGT
72	East Acton Industrial Estate	DEGNP
	Roehampton	ABCLM
95	Shepherd's Bush	MYVZ
	Southall	NVWX
220	Wandsworth	HJKLM
	Willesden Junction	NPQR
272	Chiswick	DFGNP
	Shepherd's Bush	ABCLM
283	Barnes Wetland Centre (daytimes only when centre is open) or Barnes Pond at other times	ABCLUV
	East Acton Industrial Estate	DEGNP

Route	towards	Bus stops
N7	Northolt	DEGKS
	Oxford Circus	ABCGT

Buses: 7, 70, 72, 95, 220, 272, 283 and N7.

St Mary's Hospital Maternity Service

Praed Street, Paddington,
London, W2 1NY
020 3312 6135



"The purpose-built birth centre provides a natural birth environment, led by our highly skilled midwives, and offers water-birth and active birth facilities in a family focused environment."

Specialist services

- ✓ Neonatal intensive care unit
- ✓ Fetal medicine service
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- ✓ Support for pregnant women with heart disease
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- ✓ Teenage pregnancy clinic
- ✓ Raised Body Mass Index (BMI) support
- ✓ Renal and sickle cell referral centre
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- ✓ Aromatherapy and alternative pain relief
- ✓ En-suite bathrooms

How to find St Mary's Hospital



Underground: Take the Bakerloo, Hammersmith & City, District, or Circle lines to Paddington Station. St Mary's Hospital is a few minutes' walk away.

Mainline trains also run to and from Paddington Station.

By car: There is no parking available for patients or visitors on the hospital grounds. There is a drop-off point. Council-run parking is very limited. Car parking charges apply. £2.40 per hour (pay by card) Maximum stay 4 hrs.

Disabled parking is available.

Buses: 7, 23, 27, 36, 46, 205, 332, 436, N7 and N205.

Route finder

Day buses including 24-hour services

Bus route	Towards	Bus stops
7	East Acton Oxford Circus	D, F, G, R H, M, P
23	Liverpool Street Westbourne Park	H, M, P D, F, G, R
27	Chalk Farm Chiswick	H, M, P F, G
36	New Cross Queen's Park	H, M, P D, F, G, R
46	Lancaster Gate St Bartholomew's Hospital	B, J C, M, T
205	Bow Church	H, L, P
332	Brent Park	H, K, P
436	Lewisham	H, P

Bus route	Towards	Bus stops
N7	Northolt Oxford Circus	D, F, G, R H, M, P
N205	Leyton	H, L, P

West Middlesex University
Hospital Maternity Service

Twickenham Road,
Isleworth, TW7 6AF
020 8321 5007 / 6420

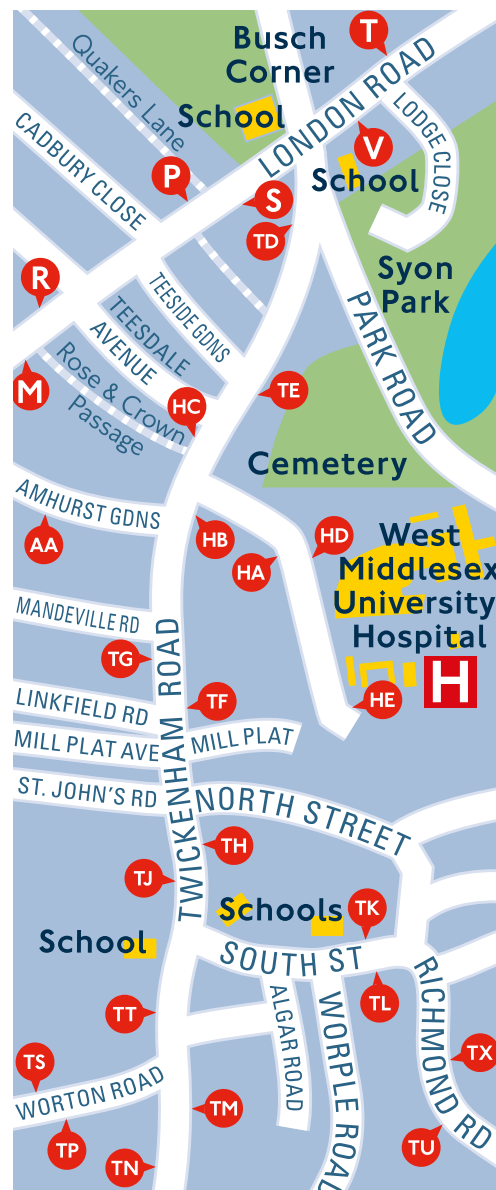


"An award-winning maternity service that was the first in London to achieve full accreditation as a Baby Friendly hospital."

Specialist services

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- ✓ Teenage pregnancy clinic
- ✓ Raised Body Mass Index (BMI) support
- ✓ Renal and sickle cell referral centre
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- ✓ Aromatherapy and alternative pain relief
- ✓ En-suite bathrooms

How to find West Middlesex Hospital



Overground: Syon Lane (then take H28 bus) or Isleworth (then take the 117 or 110 bus).

Route finder

Day buses

Bus route	Towards	Bus stops
110	Twickenham	HA, HC, M, S, TD
117	Staines	HA, HB, HE, TF
235	Brentford	P, R, T
237	Sunbury Village	M, S, V
	Hounslow Heath	M, S, V
	White City	P, R, T
267	Fulwell	HB, TE, TF, TH, TM, V
	Hammersmith	HC, T, TD, TG, TJ, TN, T
481	Kingston +	HA, HB, HE, TF, TH, TM
H20	Hounslow Civic Centre	TN, TP
H28	Ivybridge	TM, TS
	Bulls Bridge	AA, HB, TE, V
H37	Osterley	HC, T, TD
	Hounslow Bleimont Centre	TJ, TL, TU
	North Sheen	TH, TK, TX

Night buses

Bus route	Towards	Bus stops
N9	Aldwych	P, R, T
	Heathrow Terminal 5	M, S, V

+ Mondays to Saturdays except evenings

Underground: Hounslow East (Piccadilly Line). Then walk five minutes to Hounslow Bus Station before taking the 117 bus.

By car: Excellent parking facilities. Car parking charges apply. Short term car park max stay 24 hours and cash only. Long term car park credit card only and max stay 24hrs +. Both £1.40 per hour to £6.10 for 8 hrs. There is also a drop-off point close to the maternity unit. **Disabled parking** bays are available for people who display a valid disabled driver's permit.

Buses: 110, 117, 481, N9, H37 (stop at Isleworth War Memorial and then 10 minute walk or you can take the 117 or 237 bus routes), H28, 267 (both stop on Twickenham Road), H20 (stops on Twickenham Road and then a ten minute walk)

Notes

Do you want more copies of this booklet?

If you would like more copies please call 0800 881 5209 or email healthiernwl@nw.london.nhs.uk

Do you want more information?

For more information on how to give birth and about local services please contact your GP.

Information also available in Easy Read, Tamil, Punjabi, Urdu, Polish, Arabic and Somali.

Maternity units contact information

Chelsea and Westminster Hospital • 020 3315 6000
www.chelwest.nhs.uk/services/womens-health-services/maternity-services

Northwick Park Hospital • 020 8864 3232
www.lnwh.nhs.uk/services/a-z-services/m/nphmaternity

Hillingdon Hospital • 01895 279471
www.thh.nhs.uk/services/women_babies

West Middlesex University Hospital • 020 8321 5007 / 6420
www.westmidmaternity.org.uk

St Mary's Hospital and Queen Charlottes Hospital • 020 3312 6135
www.imperial.nhs.uk/services/maternity