



Colonoscopy/Flexi-Sigmoidoscopy

With Entonox

Aftercare patient information

Dear

Date

You have had a Colonoscopy/Flexi Sigmoidoscopy performed by Dr/Mr/Ms

If you have had **ENTONOX**, it will pass out of your system very quickly. You may also feel a little dizzy, lightheaded, nausea, tingling in your limbs and some disorientation but this will disappear once you stop using the gas.

If you have driven yourself to the appointment, you are able to drive home. You should rest quietly for the rest of the day.

You may eat and drink and take your usual tablets. You may feel a little bloated with wind like pains, but this usually settles quite quickly.

If you experience the abdominal pain, bleeding or feel worried, please contact the unit on 020 8321 2585 during 8:30am–16:30pm and ask to speak to one of the nurses. Should you experience problems tonight please call 020 8560 2121 and ask for the on-call gastroenterologist.

A full report of your investigation will be send to your family doctor.

Yours sincerely

Nurse in Charge

*For any Outpatient appointment and biopsy results follow-up please call
Gastroenterology Clinic on 020 8321 5972 or 5352 or 5351.