

# HOT TOPICS IN GLOBAL HEALTH

A cross-specialty,  
international  
global health  
conference

## Programme

Mon 13–Tue 14 May 2024  
8:30am–5pm



# Welcome

Welcome to *Hot Topics in Global Health*, our inaugural global health conference, hosted by the Postgraduate Medical Education Department at Chelsea and Westminster Hospital.

We are delighted to have you join us for this important gathering aimed at addressing the gap in global health education within UK postgraduate training. We recognise the value of learning from the esteemed work of our royal colleges and leading institutions and NGOs in tropical medicine, and we have worked to bring us together to learn and explore, both within our specialities and across specialities.

We are privileged to host speakers who are experts in various specialties, including child health, maternal and neonatal health, global surgery, anaesthetics and intensive care, infectious diseases and many more. Their insights promise to enrich our understanding and inspire meaningful contributions to global healthcare delivery.

The conference programme has been crafted to cater to the diverse educational needs of medical postgraduates and to align with the core curricular requirements of the royal colleges in global health. Our conference theme focuses on updates in each specialty and practising medicine in low resource settings.

We envision this conference not only as a platform for learning but also as an opportunity for networking and mentorship. Our panel discussion on day two aims to provide guidance for junior doctors navigating a career in global health, fostering a supportive community for professional growth.

Many thanks again for attending this conference at Chelsea and Westminster Hospital—we hope you enjoy your time with us!

**Dr Amrita D'Souza** and **Dr Orhan Orhan**

Co-founders of *Hot Topics in Global Health*

Chelsea and Westminster Hospital NHS Foundation Trust

# About the conference

*Hot Topics in Global Health* is a two-day international conference exploring the challenges and priorities of global health, particularly in low resource settings, for FY2+ level doctors of all grades and consultants in the specialties of:

- Neonatal and child health
- Maternal health
- Mental health
- Medicine (general, emergency and tropical)
- Surgery
- Anaesthetics
- Intensive care
- HIV and sexual health
- Refugee health
- Non-governmental organisation (NGO) healthcare workers
- Public health
- Infectious diseases

## Speakers

- Chelsea and Westminster Hospital NHS Foundation Trust (CW)
- David Nott Foundation
- Liverpool School of Tropical Medicine (LSTM)
- London School of Hygiene and Tropical Medicine (LSHTM)
- Royal College of Obstetricians and Gynaecologists (RCOG)
- Royal College of Paediatrics and Child Health (RCPCH)
- Royal College of Physicians (RCP)
- Royal Society of Tropical Medicine and Hygiene (RSTMH)
- UK-Med

# Day one

## Updates on challenges and priorities

### 0830–0845 **Welcome and introduction**

The course in context

- **Dr Amrita D'Souza**, Conference Cofounder and Director (CW)
  - **Dr Orhan Orhan**, Conference Cofounder and Director of Medical Education (CW)
  - **Dr Roger Chinn**, Chief Medical Officer (CW)
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### 0845–0930 **Non-communicable diseases in low-income settings**

Intersection with maternal health

- **Dr Jack Milln**, Wellcome Trust Global Health PhD Fellow/Consultant Obstetric Physician
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### 0930–1015 **Dermatology and global health**

The Burma Skincare Initiative

- **Dr Su Lwin**, Dermatology Registrar/Cofounder of the Burma Skincare Initiative
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### 1015–1030 **Q&A session**

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### 1030–1115 **Refugee and asylum seekers' health**

A person-centred approach

- **Dr Nicky Longley**, Medical Co-lead for RESPOND Integrated Refugee Health Service, UCLH

**1115–1130**     **Coffee break**  
Refreshments and networking

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**1130–1215**     **Update in child health and neonates**

- **Dr Sebastian Taylor**, Head of Global Team, RCPCH

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**1215–1300**     **Update in maternal health**

- **Prof Hassan Shehata**, RCOG Global Health Vice President

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**1300–1345**     **Lunch**

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**1345–1430**     **Update in neglected tropical diseases**

- **Prof Michael Marks**, HTD Consultant

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**1430–1515**     **UK-Med and field hospital medicine in low resource settings**

- **Dr Ram Vadi**, UK-Med Health Director (virtual)

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**1515–1530**     **Coffee break**  
Refreshments and networking

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**1530–1615**     **Global Clubfoot Initiative: Setting up an NGO in LMICs**

- **Rosalind Owen**, Global Clubfoot Initiative
- **Denise Watson-Tann**, Global Clubfoot Initiative

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**1615–1700**     **Public health**  
Challenges of outbreaks past and future

- **Dr Bhargavi Rao**, Humanitarian Public Health, LSHTM
- **Prof Jimmy Whitworth**, President, RSTMH

# Day two

## Low resource settings

### 0830–0930 **HIV and sexual health implementation research in Indonesia**

International collaborative work

- **Dr Keerti Gedela**, Consultant Physician in HIV/Chief Investigator, UTAMA Project, UK-Indonesia Joint Partnership (Infectious Diseases)
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### 0930–1015 **Trauma in low resource settings**

- **Tim Law**, Chief Operating Officer, David Nott Foundation
  - **Miss Elizabeth Tissingh**, Lead for King's Global Health Partnership in the DRC/T&O Consultant
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### 1015–1030 **Q&A session**

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### 1030–1115 **POCUS in low resource settings**

Bangladesh, South Sudan and Zambia

- **Dr Joy Clarke**, Acute Medicine Registrar/MSF Medic
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### 1115–1130 **Coffee break**

Refreshments and networking

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### 1130–1215 **Anaesthetics and ITU in low resource settings**

- **Dr Richard Venn**, Anaesthetist: Safer Anaesthesia From Education (SAFE)
- **Dr Oliver Ross**, Paediatric Intensivist: ITU services in the global south

## 1215–1300 **Update in global mental health**

Lessons from Ukraine

- **Dr Julia Rozanova**, Programme Leader of the MSc in Global Mental Health, King's College London
  - **Alexandra Deac**, KCL Mental Health Researcher
  - **Prof Dennis Ougrin**, CAMHS Consultant/Co-lead of Ukrainian Medical Association of the UK (UMAUK)
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## 1300–1345 **Lunch**

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## 1345–1430 **Update in RCP Global**

Current priorities and future challenges

- **Dr Omar Mustafa**, RCP Global Vice President/Endocrine Consultant
  - **Dr Tamara Phiri**, President of the Malawi College of Physicians/Registrar of the East, Central and Southern Africa College of Physicians (ECSACOP)—virtual
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## 1430–1515 **Intro to the A–E assessment in an LMIC setting**

- **Dr Sylviane Defres**, Infectious Diseases and Tropical Medicine Consultant/Mersey Programme Director for Infectious Diseases, LSTM
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## 1515–1530 **Coffee break**

Refreshments and networking

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## 1530–1700 **Panel discussion**

Working in LMICs—how to gain the cultural and clinical competencies required and how to navigate a career in global health

- Chaired by **Dr Omar Mustafa** with **Dr Bhanu Williams** (RCPCH Trustee—virtual) with **Dr Rashmi D'Souza** (previous Global Links Fellow), **Dr Amrit Visvanathan** (previous HEE Global Health Fellow), **Dr Rachel Burge** (previous Refugee Health Volunteer) and other speakers

# Biographies

## Conference leadership

**Dr Amrita D'Souza**  
Conference Cofounder  
and Director/PGME  
Fellow



Amrita is a postgraduate medical education fellow at Chelsea and Westminster and cofounder and director of *Hot Topics in Global Health*. She completed the DTMH in 2021 at the LSTM and IMT2 in 2023. She will start a master's in tropical health and infectious diseases research (MRes) at the LSTM this year with her field project in Peru. She hopes to volunteer as a medic with NGOs in LMICs after her MRes, before applying to ST3 combined infection training.

**Dr Orhan Orhan**  
Conference Cofounder  
and Director of  
Medical Education



Orhan is a consultant physician in respiratory and general medicine, and director of medical education at Chelsea and Westminster. He holds a master's in medical education and has previously taught at UCL. A fellow of the RCP and senior fellow of the Higher Education Academy, he has earned recognition for contributions to clinical practice and medical education. He is an honorary senior lecturer for Imperial College London and is completing an MBA at Hult Ashridge Business School.

**Dr Bhanu Williams**  
South West London  
System Dean, NHSE/  
RCPCH Trustee



Bhanu is a consultant in paediatric infectious diseases and acute general paediatrics and associate medical director for education at Northwick Park Hospital, London, and a system dean for NHS England. She has previously served as RCPCH global officer to strengthen health systems for critically unwell children in lower income settings. Her interests are in global child health, paediatric tuberculosis and HIV, and medical education and training. She has worked in low resource settings in Africa for more than a decade, most recently with the RCPCH on emergency triage, assessment and treatment (ETAT) of critically ill children in Uganda.

## Conference events team

**Dr Apichaya Amrapala**



Apichaya completed IMT3 in Aug 2023 before joining Chelsea and Westminster as a medical education fellow. Having lived abroad and experienced different healthcare systems in developing countries, she has an interest in healthcare in low resource settings. She will be starting higher specialty training in endocrinology and diabetes mellitus.



## Dr Kwaku Baryeh



Kwaku is an education fellow for international medical graduates in north west London. Since graduating in 2012, he has gone on to complete his basic surgical training in the Kent, Surrey and Sussex deanery. He has held several posts in trauma and orthopaedics and for the last three years has focused on postgraduate medical education. He has completed a postgraduate certificate in clinical education and is enrolled in a master's programme in medical leadership. He is highly published and cited, and his work has been presented at several international conferences. In his current role, he has helped to establish and run a clinical attachment training programme and runs an induction programme for international medical graduates new to the NHS.

## Dr Olivia Burt



Olivia is an FY2 in ED at Chelsea and Westminster, having studied at Glasgow Medical School. She first developed an interest in global health through her voluntary work for sexual health education initiative *Straight Talk*, a Uganda-based charity hosting medical student volunteers from Glasgow University.

## Dr Arabella Chapman



Arabella is a senior clinical fellow in postgraduate medical education (junior doctor support and patient safety) at Chelsea and Westminster. She is an anaesthetic trainee by background with a strong interest in global health, particularly international public health.

## Dr Thomas Jacob Davies



Jacob is a postgraduate medical education fellow at Chelsea and Westminster. He completed IMT3 in Aug 2023 and his interests include respiratory medicine and medical education.

## Dr Kallpana Dhas



Kallpana is an FY3 doctor who has taken a year out of training to pursue an undergraduate clinical teaching fellow role at Chelsea and Westminster. With interests in medical education and global health, she has been actively involved in medical outreach programmes in rural Malaysian Borneo aimed at enhancing healthcare accessibility to local communities.

## Dr Rawle Edwards



Rawle is a clinical innovation and improvement fellow at Chelsea and Westminster. A medical doctor by background, his journey includes product development, securing more than £1m in funding and conducting research in sustainable healthcare at a health technology company. Passionate about addressing health inequalities, Rawle is dedicated to shaping the future of healthcare through innovation and leadership.

## Eden Hampton



Eden is a final year medical student at King's College London undertaking her medical elective within the Evelina CAMHS. She has previously completed a BSc in biological and medical sciences at the University of Liverpool. She is keen on exploring considerations of gender in global health and the impact of societal structures of gender on health behaviours, healthcare practice and health outcomes globally. She is also particularly interested in how governmental gender policies implicate public health and the association between countries that have moved towards gender equality and life expectancy.

## Dr Rebecca Murphy-Lonergan



Rebecca is an FY3 doctor and undergraduate clinical teaching fellow. She is interested in global surgery, health systems and health inequalities. She is particularly interested in how global health principles can be applied to local patient care.

## Shirin Massroor



Shirin is a third year medical student at Barts and the London and has a deep interest in surgery, innovation and teaching. She has a background in biochemistry with a BSc Hons from Queen Mary University London where she studied from 2015–18.

## Dr Saloni Nakhare



Saloni is a clinical innovation and improvement fellow and MPH candidate with an interest in radiology, global health—specifically innovation and inequalities—and effective altruism.

## Dr Hira Sajjad



Hira is a post-internal medicine training doctor with an interest in gastroenterology. She is on hiatus from her training to work as an undergraduate teaching fellow at Chelsea and Westminster.

Outside of clinical work, she has organised and participated in several community public health programs in Pakistan.

## Dr Winnie Wechie



Winnie is a digital education fellow. This role taps into the future of health education delivery—innovatively combining the virtual learning environment with already staple medical resources.

She has 14 years of NHS experience as a biomedical scientist and medical doctor. She has just finished IMT3 working as a medical registrar with a vested interest in HIV and sexual health.

Winnie hopes to make an invaluable contribution to global health—especially in countries and spaces with low resources—through digital education.

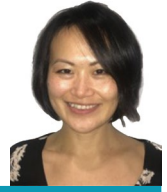
## Speakers

### Prof Michael Marks HTD Consultant



Michael is a professor of medicine at LSHTM and an honorary consultant in infectious diseases at the Hospital for Tropical Diseases, University College Hospital London. He works across the Pacific and Africa with a particular focus on neglected tropical diseases and sexually transmitted infections.

### Dr Su Mar Lwin Dermatology Registrar



Su is a Burmese-born dermatology registrar at St John's Institute of Dermatology and honorary lecturer at King's College London. She moved from Burma (Myanmar) to the UK at the age of 15 and qualified in medicine from Guy's, King's and St Thomas' School of Medicine and obtained a PhD in stem cells and regenerative medicine at King's College London.

Su's research focuses on translational therapeutics for rare and common skin diseases—she pioneered a novel spray-on gene therapy for epidermolysis bullosa and stem cell therapy for psoriasis.

Su is also dedicated to global health dermatology—she is cofounder and trustee of the Burma Skincare Initiative (BSI), a UK-registered charity with the mission to promote excellence in skin-care for the people of Myanmar. One of BSI's key innovations is Essential Emergency Skincare—a sustainable framework that ensures dermatological care for people at times of national crisis. With the aim of promoting the public profile of global health dermatology, the BSI has been selected to showcase the *Burma Skincare Initiative Spirit of Partnership Garden* at the RHS Chelsea Flower Show in May 2024 as the first ever Burma- and skin-themed garden in the 110-year history of this world-renowned flower show.

### **Dr Keerti Gedela** HIV Consultant



Keerti is a consultant physician and researcher specialising in HIV and sexual health medicine at 56 Dean Street (CW). She has an MSc in Tropical Medicine and International Health, and is a fellow of the Royal College of Physicians and an honorary senior lecturer at Imperial College London. She is EDI Lead for the NIHR Clinical Research Network in North West London.

She has worked as an infectious diseases and HIV physician, researcher and lecturer within Southern Africa (Johannesburg, Soweto, Zambia), India, Brazil and Indonesia. She has provided senior clinical support for hospital and outpatient care in central and rural set-

tings, also focusing on building clinical research capacity. Her project work has involved negotiating with multi-sector organisations and stakeholders from WHO/UN agencies, ministries of health and NGOs.

Keerti is the chief investigator for the UTAMA collaborative (UK-Indonesia Partnership Infectious Diseases) and her work focusses on innovative health solutions in low/middle-income countries with a purpose to drive health equality.

### **Dr Sebastian Taylor** RCPCH Head of Global



Sebastian is head of the global child health programme at the Royal College of Paediatrics and Child Health, supporting strengthening of maternal, newborn and paediatric health systems in sub-Saharan Africa, South/Southeast Asia and the Middle East.

He is a member of the WHO Technical Advisory Group on polio eradication in Afghanistan and Pakistan and was senior research fellow with the WHO Commission on Social Determinants of Health.

He has served as chief executive to two international humanitarian NGOs—the International Rescue Committee, supporting refugee and displaced populations around the world, and Landmine Action, an NGO working on arms control, landmine clearance and post-conflict reconstruction.

**Prof Hassan  
Shehata**  
RCOG Global Health  
Vice President



Hassan is a UK based clinical director and consultant obstetrician and gynaecologist, and a subspecialist in maternal medicine, based at Epsom and St Helier University Hospitals. He is the senior and global health vice president of the Royal College of Obstetricians and Gynaecologists. He achieved fellowship of both the Royal College of Obstetricians and Gynaecologists and Physicians of Ireland. He is the Clinical Director of South West London and Surrey Heartlands Maternal Medicine Network, where he oversees complex medical conditions pre-pregnancy. His main interests are conditions related to renal, obesity and diabetes. He is widely published in the field with more than 100 peer-reviewed papers.

**Denise Watson-Tann**  
Advanced Practice  
Physiotherapist  
in Paediatric  
Orthopaedics



Denise is an advanced practice physiotherapist in paediatric orthopaedics at Chelsea and Westminster with more than 30 years of experience in the NHS treating clubfoot and lower limb deformity in children. She leads the Ponseti clubfoot service at Chelsea and Westminster. She is involved in the education and training of healthcare professionals in Ponseti clubfoot management in the UK and abroad. She was involved in

the development of the Africa Clubfoot Training Project with Global Clubfoot Initiative and has collaborated with them to develop a RCS-validated UK clubfoot training programme. She is part of the UK Clubfoot Consensus Group and a trustee of Global Clubfoot Initiative.

**Rosalind Owen**  
CEO of Global Clubfoot  
Initiative



Ros is cofounder and CEO of Global Clubfoot Initiative, a network of 60 non-governmental organisations working to scale up access to clubfoot treatment worldwide. She is also a physiotherapist, working one day a week in the Ponseti clinic at Chelsea and Westminster Hospital since 2011, where she loves treating babies born with clubfoot.

**Dr Ram Vadi**  
UK-Med Health  
Director



Ram is a medical doctor with extensive experience in outbreak response, ongoing and protracted conflicts, and health system strengthening around the globe. Before joining UK-Med as health director, he was the team lead and medical coordinator for the UK EMT Beirut port blast response. He also worked for several years with the ICRC in Syria, Somalia and South Sudan—and in Guinea throughout the West African Ebola outbreak in 2014/15.

**Dr Jack Milln**  
**Wellcome Trust Global  
Health PhD Fellow**



Jack is a consultant obstetric physician and global health researcher undertaking a Wellcome Trust global health clinical PhD Fellowship with the University of Liverpool, based in Blantyre, Malawi. He is the principal investigator of the PRONE study—pregnancy and early recognition of NCDs. He previously worked at the Medical Research Council/Uganda Virus Research Institute and London School of Hygiene and Tropical Medicine Uganda Research Unit investigating the prevalence and risk factors of diabetes and hypertension in pregnant women.

**Dr Bhargavi Rao**  
**LSHTM Humanitarian  
Public Health**



Bhargavi spent 10 years working at Médecins Sans Frontières (MSF) Operational Centre Amsterdam—including leading the emerging and infectious diseases portfolio—dividing her time among COVID-19, malaria and other infectious disease outbreaks. She has worked in humanitarian responses across multiple contexts, and is a public health clinician with a PhD in infectious disease epidemiology. She is one of the co-programme directors of the new distance-learning Health in Humanitarian Crises programme at LSHTM. She is co-editing the revised conflict and health

textbook which serves as the basis for the distance learning PHM214 conflict and health module. She is continuing in a part-time role at MSF as clinical research lead and malaria/infectious diseases advisor, and holds an honorary clinical position with UKHSA.

**Prof Jimmy  
Whitworth**  
**RSTMH President,  
LSHTM International  
Public Health**



Jimmy is the president of the Royal Society of Tropical Medicine and Hygiene. He has previously worked in The Gambia for Save the Children, and in Bo, Sierra Leone for the Medical Research Council, where he worked on ivermectin for onchocerciasis from 1986–90. He was team leader for the Medical Research Council programme on AIDS, based at the Uganda Virus Research Institute in Entebbe, from 1995–2002. He has been an academic staff member at the LSTM and the LSHTM, where he was professor of international public health from 1999–2004. Previously, Jimmy was head of international activities (2004–13), and population health (2013–15) at the Wellcome Trust, where he was responsible for strategy, policy and developing the scientific portfolio for research on population science and public health research in the UK and in LMICs. Jimmy is a member of the Scientific Advisory Committee for the WHO’s R&D Blueprint for Action to Prevent Epidemics, a committee member of the Global Coordination Mechanism for R&D, a trustee for the RSTMH, and DTM&H examiner for the RCP. He chairs the Scientific Advisory

Group for Research for Health in Humanitarian Crises (R2HC) and is chair of the Ebola Biobank Governance Group for Public Health England.

**Dr Nicky Longley**  
**UCLH RESPOND**  
**Refugee Health**  
**Service**



Nicky trained in London, Uganda and South Africa and is an NHS consultant in infectious diseases and travel medicine at the Hospital for Tropical Diseases at UCLH. She is associate professor in travel medicine at the LSHTM. She is a member of the Faculty of Travel Medicine RCPSCG, the International Expert Committee for Travel Medicine and TAG for NaTHNaC. She runs the short course in travel medicine and teaches the travel medicine component of the DTM&H at the LSHTM. She is also medical co-lead of RESPOND—a free, confidential health service hosted by UCLH for asylum seekers and refugees. Their staff have expertise in trauma-informed care and work with local, specialist and third sector services to ensure appropriate, timely and compassionate care.

**Dr Julia Rozanova**  
**Programme Co-leader**  
**of the MSc in Global**  
**Mental Health, King’s**  
**College London**



Julia is a lecturer in global mental health at King’s College London and co-directs the MSc in global mental health. Her research sits at the intersection of HIV,

addiction and ageing. Since 2014, she has worked in the Eastern Europe and Central Asia (EECA) region, developing and implementing primary and secondary HIV prevention and treatment interventions in the community and in prison settings. With EECA research and clinician partners, Julia has examined experiences of HIV diagnoses among older adults, and how peer navigation mitigates risky behaviours and barriers to HIV care in this group, including HIV status disclosure. Since the beginning of the Russian invasion of Ukraine, her research has increasingly focused on how HIV and addiction treatment systems cope during humanitarian crises, and what implications both the crisis itself and the coping strategies may have in the short and long term for service users and healthcare workers. She has co-edited (with Prof Sir John Strang, Alexandra Deac and Harry Skipper) a special issue in *Frontiers of Public Health* on this topic, and organised a series of research symposia.

**Alexandra Deac**  
**KCL Mental Health**  
**Researcher**



Alexandra is a postgraduate researcher at King’s College London, Yale School of Medicine and University of East London, working across health system strengthening projects in global mental health. Her research endeavours included HIV and addiction system adaptations and health-seeking behaviours among vulnerable groups, collaborating closely with Dr Julia Rozanova. She co-founded (with Anna Peycheva and Renata

Solórzano de Souza) the Global Mental Health Humanitarian Coalition, bringing together diverse stakeholders in the humanitarian field to inform research and practice. She is particularly interested in improving the synergy between research and practice through engaging in bottom-up, participatory research approaches directly applicable to enhancing uptake and healthcare service delivery.

**Prof Dennis Ougrin**  
CAMHS Consultant,  
Co-Leader of UMAUK



Dennis graduated from medical school in Ukraine in 1998 and came to the Maudsley Hospital in the UK to undertake postgraduate training in child and adolescent psychiatry. He has worked as an NHS consultant child and adolescent psychiatrist establishing and leading intensive community care services at South London and Maudsley NHS Foundation Trust. He has also led the MSc in child and adolescent mental health at King's College London and acted as chief investigator of major NIHR, MRC and charity-funded studies in the field of self-harm and intensive community care services. He has expertise in conducting randomised controlled trials in the fields of psychological therapy and mental health service models. He leads a programme of global mental health studies aimed at developing community mental health services in Ukraine and other low- and middle-income countries.

**Dr Joy Clarke**  
Acute Medicine  
Registrar and MSF  
Doctor



Joy is an NHS acute medicine registrar at University Hospitals Sussex NHS Foundation Trust. She has previously worked for MSF and Doctors of the World UK. She has worked in Zambia, South Sudan and Bangladesh and used POCUS in these low-resource settings.

**Dr Richard Venn**  
Consultant  
Anaesthetist



Richard is a consultant anaesthetist intensivist at University Hospitals Sussex NHS Foundation Trust. He is involved with the Association of Anaesthetists' SAFE team looking at anaesthetics in low resource settings. He has worked in Tanzania and other LMICs and is interested in developing critical care capacity in LMICs.

**Dr Oliver Ross**  
Consultant in  
Paediatric Critical  
Care and Anaesthesia



Oliver is a consultant in paediatric critical care and anaesthesia. His overseas work has been in service education and hospital programme support for district hospital health workers in Nepal and



elsewhere. He has worked with the AAGBI, ICRC, MSF and, latterly, Novick Cardiac Alliance in Ukraine and RCPCH Global in Nepal.

**Tim Law**  
**Chief Operating**  
**Officer, David Nott**  
**Foundation**



Tim is the David Nott Foundation's chief operating officer. He manages the day-to-day running of the charity to enable its provision of safe, skilled surgical care for all. Tim has a wealth of experience in senior leadership, strategic and operational positions, most recently at ShelterBox, an international disaster relief NGO. Prior to entering the humanitarian sector, he had a distinguished career as a diplomat and soldier, completing his service leading the British defence team in Beijing through the recent pandemic. The David Nott Foundation was set up in 2015 by Mr David Nott OBE, FRCS—an NHS consultant surgeon based in London where he specialises in vascular, trauma and cancer surgery—with his wife Elly. Mr Nott has volunteered for aid agencies MSF, the ICRC and Syria Relief. He has provided surgical treatment to patients in conflict and catastrophe zones in Bosnia, Afghanistan, Sierra Leone, Liberia, Ivory Coast, Chad, Darfur, Yemen, the DRC, Haiti, Iraq, Pakistan, Libya, Syria, Central African Republic, Palestine, Nepal and Ukraine, and established and led the teaching of the Surgical Training for the Austere Environment (STAE) course at the RCS. The foundation supports surgeons in developing their operating skills for war zones and austere environments and has now trained more than 1,600 doctors

through its bespoke Hostile Environment Surgical Training (HEST), anaesthesia, and obstetrics courses. It is developing an additional course in perioperative care. His faculty consists of highly experienced consultant surgeons and anaesthetists who deliver this training programme in countries impacted by conflict and other catastrophes around the world, with focus programmes in Palestine, Libya, Syria and Ukraine.

**Dr Omar Mustafa**  
**RCP Global Vice President/Associate Global Director, Middle East and North Africa**



Omar is an NHS consultant physician in diabetes and general internal medicine at King's College Hospital in London. He was appointed as global vice president of the RCP in 2023 and became associate global director for the Middle East and North Africa in 2021. He completed his undergraduate medical training in Iraq and his postgraduate training in the UK, and is an honorary senior clinical lecturer at King's College London and site lead for the quality improvement and evidence-based practice module. Omar's interests include health professions and medical education and he obtained a master's in health professions education from Maastricht University/Suez Canal University. He is currently training programme director for the endocrinology and diabetes higher specialist training programme, and Omar also co-chairs the Simulation Faculty at King's College Hospital. He is a member of the RCP Specialty Advisory Committee.

**Dr Sylviane Defres**  
**Mersey Programme**  
**Director for Infectious**  
**Diseases and Tropical**  
**Medicine**



Sylviane is an NHS consultant in tropical and infectious diseases working at the infectious diseases unit at Liverpool University Hospitals Foundation NHS Trust. She is clinical lead for the neurological infection service and training programme director for tropical and infectious diseases in north west England. She is a senior clinical lecturer leading the clinical master's programmes in tropical and infectious diseases at the Liverpool School of Tropical Medicine, honorary associate professor at the University of Liverpool as specialty lead and electives chair for the School of Medicine. She is also course convenor for the neurological infection course, Liverpool and India, and ESCMID run vector borne diseases courses.

**Dr Tamara Phiri**  
**President of the**  
**Malawi College of**  
**Physicians**



Tamara is a consultant in internal medicine based in Malawi. She was a visiting lecturer on the master's in global health and infectious diseases course at Karolinska Institute and has been examiner for the LSHTM diploma in tropical medicine and hygiene course run in Tanzania and Makerere University, Uganda. She is the founding and current president of the Malawi College of Physicians. She

leads a specialist training program for doctors in Malawi to specialise in internal medicine along with partner institutions in Kenya, Zambia, Uganda, Zimbabwe and Tanzania under the East Central and Southern Africa College of Physicians.

Tamara has played a key leadership role in setting up and running COVID-19 wards at Queen Elizabeth Central Hospital (QECH) since the start of the COVID pandemic. She is the clinical lead for the Malawi stroke unit project—Malawi's first multidisciplinary stroke unit in conjunction with University College London.

**Miss Elizabeth**  
**Khadija Tissingh**  
**Lead for King's Global**  
**Health Partnership,**  
**DRC/T&O Consultant**



Elizabeth is an NHS trauma and orthopaedic consultant surgeon and leads King's Global Health Partnerships' work in the Democratic Republic of the Congo. A King's alumnus (Medicine 2008), she also has an MSc in tropical medicine and international health from the London School of Hygiene and Tropical Medicine. She is committed to the delivery of excellent surgical care in the NHS and to improving access to safe, timely and affordable surgery in areas of the world where it is most needed.

Elizabeth's research focuses on trauma system development aimed at improving leadership and institutional management in the main trauma hospitals in Kongo Central.

## Panel discussion trainee speakers

**Dr Rashmi D'Souza**  
Former RCPCH Global  
Links Mentor



Rashmi is currently an ST4 paediatric trainee in London. She gained her MRCPCH and spent six months in 2023 as a GLM with the RCPCH global links scheme in Janakpur, Nepal, where she was involved in training local health-care professionals in ETAT and quality improvement projects. She embarked on a population health PhD at UCL in March 2024.

**Dr Amrit  
Visvanathan**  
Former HEE Global  
Health Fellow



Amrit is an NHS ST3 paediatric trainee who has just completed his HEE Global Health Fellowship in Cambodia, looking at policies within global health including child malnutrition. He gained his MRCPCH prior to the fellowship and is interested in child mental health.

**Dr Rachel Burge**  
Former Refugee  
Health Volunteer



Rachel is an NHS core psychiatry trainee at South London and Maudsley NHS Foundation Trust. Before training, she completed an NHS England Population Health Fellowship in homeless and inclusion health and subsequently volunteered in a refugee camp in Lesvos, Greece. She continues to work with organisations supporting asylum seekers and refugees in the UK, and is a member of the medical panel at Migrants Organise, providing support for asylum claims and challenges. She has completed the DTMH at the LSTM and is hoping to return to Greece following core training.



**Chelsea and Westminster Hospital**

NHS Foundation Trust

**Postgraduate Medical Education**

Lower Ground Floor, Lift Bank B

369 Fulham Road

London

SW10 9NH

[www.chelwest.nhs.uk](http://www.chelwest.nhs.uk)