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**FY1 General (Internal) Medicine / Endocrinology and Diabetes**

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| **Placement** | F1 Endocrinology and Diabetes. General (Internal medicine). |
| **The department** | This department consists of four Consultants, four Registrars, one full-time SHO, a part-time SHO and two F1s.The Consultants rotate into covering the ward every two months. They and the registrars spend much of the time in clinic; on average there are two Consultant and two Registrar ward rounds a week. |
| **Trust & Site** | Chelsea and Westminster Hospital; Medical wards |
| **The type of work to expect and learning opportunities** | The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to: * Take a history and examine a patient
* Identify and synthesize problems
* Prescribe safely
* Keep an accurate and relevant medical record
* Manage time and clinical priorities effectively
* Gradually take increased responsibility for activities on the ward
* Start to manage the ward team
* Communicate effectively with patients, relatives and colleagues
* Use evidence, guidelines and audit to benefit patient care
* Act in a professional manner at all times
* Cope with ethical and legal issues which occur during the management of patients with general medical problems
* Educate patients effectively
* Become life-long learners and teachers.
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| **Clinical Supervisor(s) for the placement** | Dr Shotliff, Dr Wren, Dr Morganstein and Dr Greener |
| **Main duties of the placement** | The F1 is responsible for the care of the patients on the ward, identifying and managing any problems that occur. They must liaise with other members of the multi-disciplinary team in the management and discharge planning for patients on the ward. They also attend educational departmental meetings including the endocrine meetings weekly, where tests are interpreted and a separate diabetes patient MDT.The F1 attends one outpatient clinic per week, where they see new patients then discuss and review them with the Consultant. |
| **Typical working pattern in this placement** | Daily:Morning handover in AAUWard round – either F2, registrar or consultant-led (senior ward rounds frequently in the afternoons)Monday:MDT at 2:30Tuesday:Morning clinicEndocrine meeting at 13:00 in beta-cell clinicWednesday:Morning Diabetes MDTFriday :F1 teaching 10:00-12:00Extras:MDT board-round at 12:00 everydayMedical day-unit: The F1 is expected to help organize endocrine tests for outpatients.*On-call requirements:*The F1 is part of the General Medical on-call rota, about 2 blocks of on call per month either Mon-Thurs or Fri-Sun doing 10 hour days or late days, or 13 hour nights. |
| **Employer information** | Chelsea & Westminster Hospital Trust |

It is important to note that this description is a typical example of your placement and may be subject to change.