



IMMEDIATE LIFE SUPPORT (ILS)

AIMS

This one-day course aims to train healthcare personnel in cardiopulmonary resuscitation, airway management and safe defibrillation (manual and/or AED), enabling them to immediately manage patients in cardiac arrest until the arrival of a cardiac arrest team and to participate as members of that team.

CONTENT

The ILS consists of various lectures and skill stations teaching the following:

- Causes and prevention of cardiorespiratory arrest
- The ALS algorithm
- The ABCDE approach
- Initial resuscitation and defibrillation
- Airway (with optional LMA)
- Optional targeted training
- CASTeach

WHO SHOULD ATTEND?

The course is appropriate for doctors, nurses, physiotherapists and radiographers who require these skills for the clinical areas they work in.