



INTERNATIONAL WOMEN'S DAY



Proud To Be...

By Natasha Herman

Clinical Practice Development Nurse and Preceptorship lead

My name is Natasha Herman and I'm proud to be a Clinical Practice Development Nurse and Preceptorship lead, working within a great team in the education department.

My role is to empower and support all our newly registered nurses, to provide safe and efficient care for patients and to uphold the PROUD values of our Trust.

I'm proud to be a woman working at Chelsea and Westminster. Here, we value professional development, diversity, and our leadership is strong.

I have worked in the NHS for 12 years. Throughout my career, female nurses such as **Mary Seacole**, **Florence Nightingale** and **Mary Elizo Mahoney** have inspired me.

These women were instrumental in shaping the nursing profession and all stood firm in developing their careers. They were all passionate about caring for people who are sick, and this is something I can really relate to.

This International Women's Day, I hope we – as women in the NHS - can inspire each other to unlock our potential and to have the motivation to continually develop.

As the theme of preceptorship states:

'Together we aspire, together we achieve'.