

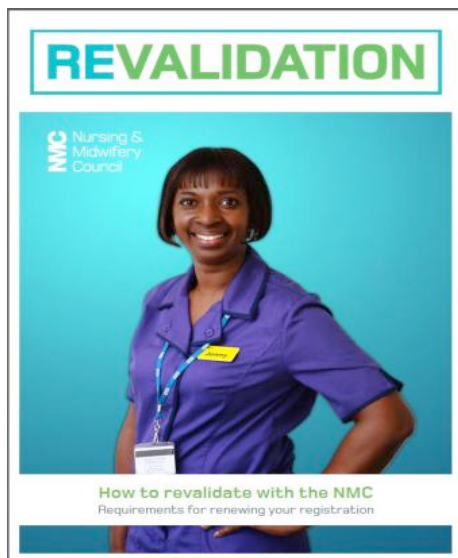


Trust Nursing and Midwifery Revalidation News

November 2015

If you are a nurse or midwife registered with the Nursing and Midwifery Council (NMC) you need to know about the imminent changes coming over the next year. There are changes that will affect how you renew your NMC registration called REVALIDATION.

Last month the NMC approved the final future structure of Revalidation....



<http://www.nmc.org.uk/standards/revalidation/how-to-revalidate/>

Visit the NMC's Revalidation website pages. There is a variety of information to help you including this Revalidation manual for you to download from the NMC website

These requirements come into force from April 2016 and will be relevant to you depending when your revalidation date falls after this time.

These requirements will need to be completed and before you can make a declaration to the NMC (in advance of your actual revalidation date).

You are responsible for keeping your professional registration up to date if you wish to practise, make sure you know the latest news about revalidation and what you need to do to maintain your registration.

What is Revalidation?

Revalidation is a process that all nurses and midwives will need to engage with to demonstrate that they practise safely and effectively throughout their career. It has been designed by the NMC to be easy, straightforward and to help nurses and midwives develop as professionals.

All nurses and midwives are currently required to renew their registration every three years. Revalidation will strengthen the renewal process by introducing new requirements that focus on:

- up-to-date practice and professional development
- reflection on the professional standards of practice and behaviour as set out in the NMC Code, and
- Engagement in professional discussions with other registered nurses or midwives.

Revalidation is a continuous process that nurses and midwives will engage with throughout their career. It is not a point in time activity or assessment. Revalidation is about promoting good practice across the whole population of nurses and midwives.

It's not an assessment of a nurse or midwife's fitness to practise and it's not intended to address bad practice amongst a small number of nurses and midwives.

There is already fitness to practise processes in place for this at the NMC.

What do I have to do to meet the requirements of revalidation?

- Undertake **35** hours of continuing professional development (CPD) relevant to your scope of practice as a nurse or midwife, over the three years prior to the renewal of your registration. Of these hours, 20 must be through participatory learning.
- Obtain at least **5** pieces of practice-related feedback over the three years prior to the renewal of your registration
- Record a minimum of **5** written reflections on the Code, your CPD and practice-related feedback over the three years prior to the renewal of your registration. You must discuss these reflections with another NMC registered nurse or midwife.
- Provide a health and character declaration, including declaring any cautions or convictions
- Declare that you have, or will have when practicing, appropriate cover under an indemnity arrangement.
- demonstrate to a third party that you have met the revalidation requirements.
- It is recommended that you keep evidence that you have met these requirements in a portfolio.

YOU MUST REGISTER FOR NMC ON LINE ACCOUNT AND FIND OUT YOUR REVLIDATION DATE

If you have not done so already, register for an NMC On-Line account via the NMC website and find out your revalidation date and other registration details. It takes only 2 minutes to register. **You will need access to NMC On-Line case when you are required to submit your requirements prior to your revalidation date**

<http://www.nmc.org.uk/registration/nmc-online/>

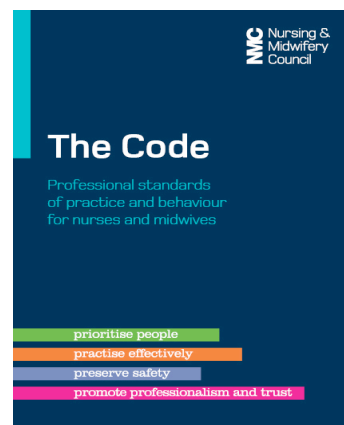
AND... READ THE NEW NMC CODE –

The NMC sent a copy to every registrant. The Code is relevant to revalidation as you will be required to state how you meet the Code when you revalidate.

The NMC published the updated Code this year - the professional standards that nurses and midwives must uphold in order to be registered to practise in the UK.

Effective from this **March 2015**, this updated Code has been designed to reflect the world in which we live and work today, and changing roles and expectations of nurses and midwives. It is structured around four themes – **prioritise people, practise effectively, preserve safety and promote professionalism and trust.**

Failure to comply with the Code may bring registrants fitness to practise into question.



<http://www.nmc.org.uk/standards/code/>

What is the Trust doing to help you with your revalidation?

There have been over 65 Revalidation awareness sessions with a large group of nurses and midwives attending on both hospital sites - **HAVE YOU ATTENDED A SESSION?**

The next set of Revalidation awareness sessions coming soon for both hospital sites – watch out for the Daily Noticeboard for the new dates and venues

This regular newsletter of key themes you need to know about will continue at regular intervals. A Steering Group of key representatives is shortly to be established to ensure appropriate Trust and Divisional representation for the Revalidation work.

More information will follow on an upcoming Revalidation website for the Trust which will contain useful information and resources.

For further information contact the Trust Nursing and Midwifery Revalidation Lead Nurse, Melanie van Limborgh

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