

My patient passport

Supporting people who need additional help when coming into hospital

My name is

If I have to go to hospital, this book needs to go with me.

It gives hospital staff important information about me.

Please place this on the end of my bed and put a copy in my notes.

This passport belongs to me. Please return it when I am discharged.





Things you must know about me

Name Date of birth Religion How I communicate and how you can help me to consent People who need to be contacted Names and roles (family, carers, etc) Telephone Telephone GP History Allergies **Current medication Medical conditions** Medical interventions Behaviour that may be challenging Eating and drinking issues (risk of choking, dysphagia, swallowing, etc)

Things that are really important to me



How to communicate with me



How I eat and drink



Personal care (dressing, washing, using the toilet, etc)



How I keep safe

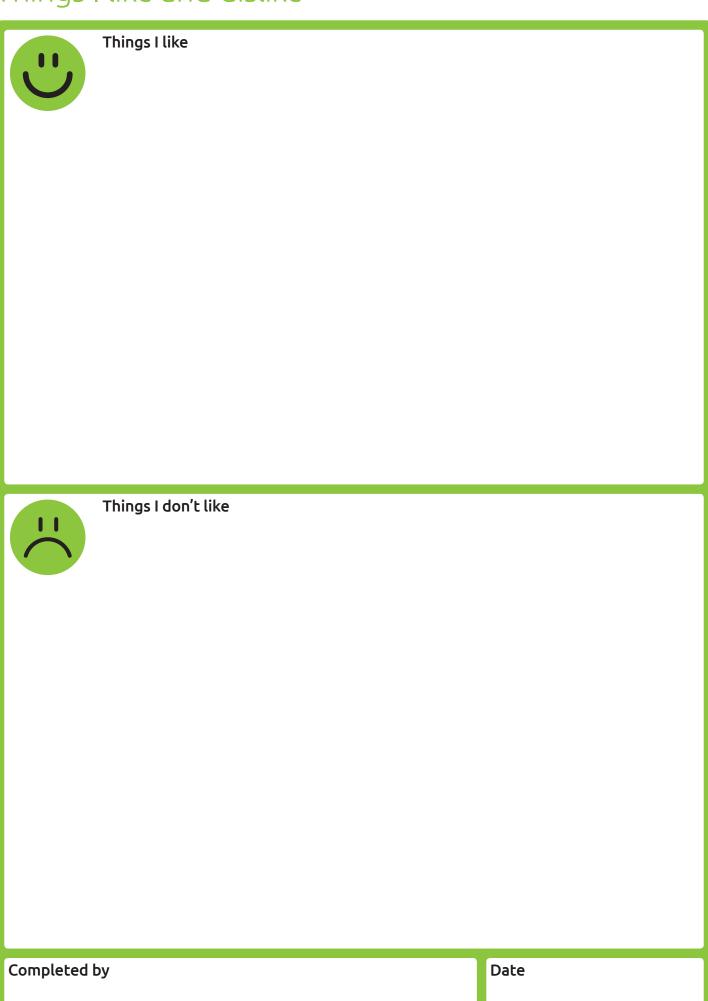


How you know I am in pain



Levels of support (taking medication, moving around, etc)

Things I like and dislike



Community learning disability teams

The community learning disability teams provide support and specialist advice to people with learning disabilities and their families or carers.

The teams are also the main gateway for community care assessments and social care services for people with a learning disability, including day opportunities, housing and support, and respite for carers.

Learning disability partnership contact numbers

Ealing

62 Green Lane London W7 2PP

T: 020 8566 2360

Out-of-hours: 020 8748 8588



Richmond

2nd Floor, Civic Centre 44 York Street Twickenham TW1 3BZ

T: 020 8487 5340



Hammersmith and Fulham

Parkview Centre for Health and Wellbeing Cranston Court 56 Bloemfontein Road London W12 7FG

T: 020 8383 6464

Out-of-hours: 020 8748 8588



Wandsworth

Wandsworth Town Hall Education & Social Services Department, 7th Floor London SW18 2PU

T: 020 8871 8398

Out-of-hours: 020 8871 6000



Hounslow

Hounslow Civic Centre Lampton Road Hounslow TW3 4DN

T: 020 8583 3529

Out-of-hours: 020 8487 5315



Westminster

2nd Floor 215 Lisson Grove London NW8 8LW

T: 020 7641 7411

Out-of-hours: 020 7641 6000



Kensington and Chelsea

1–9 St Marks Road Ladbroke Grove London W11 1RG

T: 020 7313 6880

Out-of-hours: 020 7313 6820



How to complete your patient passport

Allergies

Write down your allergies, such as antibiotics, nuts, latex

Medical conditions

List your medical conditions, such as diabetes, epilepsy, breathing problems

Medical interventions

Write down how staff should approach you when taking blood, and giving injections or medications

Behaviour

Write down any challenging behaviour that could be a risk to yourself or to others

Eating and drinking

Write down if you have difficulty swallowing, and also any guidelines from your Speech and Language Therapist

Communication

Write down if you need glasses or hearing devices and let us know how you express yourself and how you understand what you are being told, for example verbal/non-verbal, Makaton sign user, using pictures or objects, what your body language and physical behaviours mean

Eating and drinking

Write down any special diet or equipment that you need and let us know if you are independent or require extra support or close supervision, have a feeding regime or NJ/NG tube

Personal care

Tell us if you need support such as assistance with toileting, bathing or dressing

Keeping safe

Write down if you need any special measures to maintain your safety, such as bed rails or if you have behaviour support needs (including types of supervision)

Things I don't like and might upset me

Describe things that distress you, such as noisy wards, people staring at you, not preparing you for procedures (injections, operations etc)

Things I like and things that calm me down

Describe things that calm you down, such as listening to your favourite music, watching television, using a smartphone, tablet or laptop, reading books, using pictures to explain what will happen during your stay



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