



# My patient passport

Supporting people who need additional help when coming into hospital

My name is

If I have to go to hospital, this book needs to go with me.

It gives hospital staff important information about me.

Please place this on the end of my bed and put a copy in my notes.

**This passport belongs to me. Please return it when I am discharged.**



# Things you must know about me

Name

Date of birth

How I communicate and how you can help me to consent

Religion

## People who need to be contacted



Names and roles (family, carers, etc)

Telephone

GP

Telephone

## History



Allergies



Current medication



Medical conditions



Medical interventions



Behaviour that may be challenging



Eating and drinking issues (risk of choking, dysphagia, swallowing, etc)

# Things that are really important to me



**How to communicate with me**



**How I eat and drink**



**Personal care** (dressing, washing, using the toilet, etc)



**How I keep safe**



**How you know I am in pain**



**Levels of support** (taking medication, moving around, etc)

# Things I like and dislike



Things I like



Things I don't like

Completed by

Date

# Community learning disability teams

The community learning disability teams provide support and specialist advice to people with learning disabilities and their families or carers.

The teams are also the main gateway for community care assessments and social care services for people with a learning disability, including day opportunities, housing and support, and respite for carers.

## Learning disability partnership contact numbers

### Ealing

62 Green Lane  
London  
W7 2PP



**T:** 020 8566 2360

**Out-of-hours:** 020 8748 8588

### Richmond

2nd Floor, Civic Centre  
44 York Street  
Twickenham  
TW1 3BZ



**T:** 020 8487 5340

### Hammersmith and Fulham

Parkview Centre for  
Health and Wellbeing  
Cranston Court  
56 Bloemfontein Road  
London  
W12 7FG



**T:** 020 8383 6464

**Out-of-hours:** 020 8748 8588

### Wandsworth

Wandsworth Town Hall  
Education & Social Services  
Department, 7th Floor  
London  
SW18 2PU



**T:** 020 8871 8398

**Out-of-hours:** 020 8871 6000

### Hounslow

Hounslow Civic Centre  
Lampton Road  
Hounslow  
TW3 4DN



**T:** 020 8583 3529

**Out-of-hours:** 020 8487 5315

### Westminster

2nd Floor  
215 Lisson Grove  
London  
NW8 8LW



**T:** 020 7641 7411

**Out-of-hours:** 020 7641 6000

### Kensington and Chelsea

1–9 St Marks Road  
Ladbroke Grove  
London  
W11 1RG



**T:** 020 7313 6880

**Out-of-hours:** 020 7313 6820

# How to complete your patient passport

## Allergies

Write down your allergies, such as antibiotics, nuts, latex

## Medical conditions

List your medical conditions, such as diabetes, epilepsy, breathing problems

## Medical interventions

Write down how staff should approach you when taking blood, and giving injections or medications

## Behaviour

Write down any challenging behaviour that could be a risk to yourself or to others

## Eating and drinking

Write down if you have difficulty swallowing, and also any guidelines from your Speech and Language Therapist

## Communication

Write down if you need glasses or hearing devices and let us know how you express yourself and how you understand what you are being told, for example verbal/non-verbal, Makaton sign user, using pictures or objects, what your body language and physical behaviours mean

## Eating and drinking

Write down any special diet or equipment that you need and let us know if you are independent or require extra support or close supervision, have a feeding regime or NJ/NG tube

## Personal care

Tell us if you need support such as assistance with toileting, bathing or dressing

## Keeping safe

Write down if you need any special measures to maintain your safety, such as bed rails or if you have behaviour support needs (including types of supervision)

## Things I don't like and might upset me

Describe things that distress you, such as noisy wards, people staring at you, not preparing you for procedures (injections, operations etc)

## Things I like and things that calm me down

Describe things that calm you down, such as listening to your favourite music, watching television, using a smartphone, tablet or laptop, reading books, using pictures to explain what will happen during your stay



**Chelsea and Westminster Hospital**  
NHS Foundation Trust

369 Fulham Road  
London  
SW10 9NH

T: 020 3315 8000  
W: [www.chelwest.nhs.uk](http://www.chelwest.nhs.uk)

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