



West Middlesex University Hospital

Welcome
to our

Open Day



Programme

Saturday 12 September 2015
11am - 3pm

Welcome to our 2015 Hospital Open Day!

Thank you for joining us today and supporting West Middlesex University Hospital. We hope you enjoy learning more about your local hospital and taking part in the broad range of activities we have to offer.

There is plenty to do for the whole family here today, such as health checks and advice, games and activities, behind the scenes tours, careers information, live entertainment and food and drink. In this booklet you will find more information on what is happening throughout the day, alternatively please ask a member of staff who will be more than happy to help to you.

Thank you to all of our dedicated staff and volunteers, as well as our colleagues from partner organisations, for their hard work in making today possible.

We would also really welcome your feedback on our event. Please email your thoughts and suggestions to communications@chelwest.nhs.uk.

Programme of events

- 11.00am Event opens**
- 11.20am Barry Sutton - live saxophonist
(main atrium) 20 mins**
- 11.30am Hospital tours (see overleaf for details)**
- 12.00pm Christian prayers (multi-faith centre)

Patient food tasting (zone 5 - restaurant)
60 mins**
- Fusion Lifestyle Zumba class (main atrium)
20 mins**
- 12.30pm African cultural show (main atrium) 15 mins

Hospital tours (see overleaf for details)**
- 1.00pm Muslim prayers (multi-faith centre)

Barry Sutton - live saxophonist
(main atrium) 20 mins**
- 1.30pm Fusion Lifestyle Zumba class (main atrium)
20 mins**
- Hospital tours (see overleaf for details)**
- 2.00pm Sikh prayers (multi-faith centre)

Filipino Nurses Choir (main atrium) 15 mins**
- 2.30pm Presentation for the best stall competition
(main atrium)**
- 3.00pm Hindu prayers (multi-faith centre)

Close**

Tours and activities

Please sign up at the welcome desk



Skills & Simulation Centre

This incredible tour will show you our state-of-the-art training facilities and simulation manikin used to put our doctors, nurses and other healthcare professionals through their paces in a safe learning environment.

Location: Education Centre

Participants: 10

Times: 11.30, 12.30 & 1.30

Duration: 30-45 minutes

Operating Theatres

Step inside one of our operating theatres and learn all about surgery including the equipment used, the anaesthetic room and our most common operations.

Location: Theatres stand

Participants: 20

Times: 11.30, 12.30 &

1.30

Endoscopy

This tour will demystify what is involved in a visit to the Endoscopy department, and showcases the technology and staff that make the department a fascinating place.

Location: OPD 4

Participants: 10

Age limit: 7 and above

Times: 11.30, 12.30 & 1.30

Duration: 15 minutes

Going Green

Take a look at what we are doing to reduce the hospital's carbon footprint and help protect the environment.

Location: Bouygues stand

Participants: 4

Times: 11.30, 12.30 & 1.30

Duration: 20 minutes

Clinical Imaging (X-ray)

Visit our busy Clinical Imaging department, where patients are referred from A&E, outpatient clinics, hospital wards and GPs to assist in the diagnosis of trauma and disease.

Location: Clinical Imaging

Participants: 6

Age limit: 7 and above

Times: 11.30, 12.30 & 1.30

Duration: 30 minutes

Please sign up
for tours at the
welcome desk

The Heart of the Hospital

A unique opportunity to see behind the scenes of the building's inner workings including a multitude of big machinery, which all help to keep the hospital ticking over.

Location: Bouygues stand

Participants: 4

Age limit: 18 and above

Times: 11.30, 12.30 & 1.30

Duration: 20 minutes

The Mulberry Centre

11am – 3pm Complementary therapy sessions (by appointment only)

11am – 3pm Football Penalty Shoot Out!

11am – 11:45am Breast Awareness Workshop

11am – 1pm Drop in mosaic class

11:30am – 2pm Cream teas

11:45am – 1pm Historical walk

12:30pm – 1pm Low impact dance class

12:30pm – 2pm Hot food available for lunch

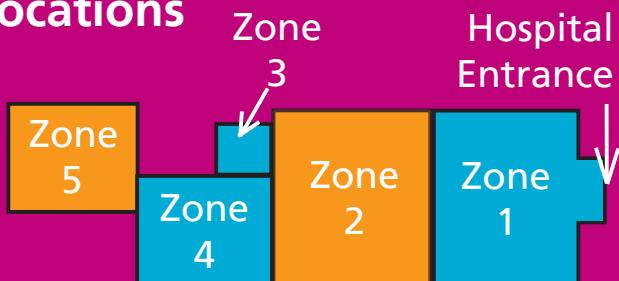
1pm – 1:45pm Historical walk

2pm – 2:45pm Breast Awareness Workshop

The Mulberry Centre is located at the back of the Education Centre. From the main hospital, use the external door opposite Clinical Imaging and walk through the memorial garden. You can also visit their stand in Zone 4.

Get in the zone...

Zone locations



Zone 1 - front of atrium

- Cardiology & Heart Failure
- Chelsea and Westminster - find out more about our integration and how to become a member
- Diabetes UK
- Health checks and advice (Hounslow and Richmond Community Healthcare NHS Trust)
- Infection, Prevention & Control
- Maternity Services including Special Care Baby Unit and Perinatal Mental Health
- Sexual Health
- Stroke Association
- Upbeat Heart Prevention and Patient Support Group
- Welcome desk

Zone 2 - middle of atrium

- Careers Zone - job opportunities and volunteering
- Emergency Department Appeal
- Faculty of Nursing
- Finance
- Fusion Lifestyle
- Learning and Development
- Multi-faith Centre
- Occupational Health & Wellbeing
- Pharmacy
- Research and Development
- Resuscitation Team
- Stopping Smoking
- Stroke and TIA services
- Therapies
- Surgery and Theatres

Zone 3 - Outpatient 3

Our Paediatrics Department will be out in force to create an exciting and interactive children's area!

Stands include:

- Healthcare advice
- Allergy testing
- Play and live entertainment
- Competitions and raffles

Zone 4 - back of atrium

- Audiology
- Blood Transfusion
- Clinical Imaging
- Clinical Admin
- Ear, Nose and Throat (ENT)
- Endoscopy
- Haematology
- Health Information Library
- Healthwatch (Hounslow and Richmond)
- Hounslow and Richmond CCGs
- Oncology
- Palliative Care
- Pathology
- Patient Experience
- The Mulberry Centre
- Tissue Viability
- Tuberculosis (TB)
- Urology

Zone 5 (hospital restaurant)

This features the various facilities services that help keep our hospital running. Don't miss sampling our patient meals and drinks and see our chef in action (all between 12.00 and 1.30pm)!

- Estates and facilities
- Nutrition and dietetics
- Patient services
- Porters
- Security
- Switchboard
- Restaurant (open for hot and cold drinks, and food)



West Middlesex University Hospital

Chelsea and Westminster Hospital

NHS

NHS Foundation Trust

Get involved - join us today

Since 1 September 2015, West Middlesex University Hospital has been part of Chelsea and Westminster Hospital NHS Foundation Trust.

This means we now have more freedom to shape services in a way which reflects the needs of local people. To help us do this, we rely on the feedback of our members who play a vital role in helping us shape our future plans.

You can choose to get involved as little or as much as you like and membership is completely free of charge. To join:

- Visit www.chelwest.nhs.uk/getinvolved and complete the online form
- Visit the Council of Governors stand here and complete the membership form

Please donate...

Just text WMUH99 followed by the amount you wish to donate (£1, £2, £3, £4, £5 or £10) to 70070.

All text donations are free, and won't come out of any inclusive texts you have as part of your price plan. You just pay the cost of your donation.

For more information about donating, please visit our website: www.chelwest.nhs.uk

