

CHELSEA AND WESTMINSTER HOSPITAL OPEN DAY SATURDAY 7 MAY, 11AM–3PM

PROGRAMME

*Your hospital,
your health,
your say*

Chelsea and Westminster Hospital 
NHS Foundation Trust

Supported by the Chelsea and Westminster Hospital NHS Foundation Trust Council of Governors

Welcome

We are delighted to welcome you to this year's Chelsea and Westminster Hospital Open Day.

The theme of this year's Open Day is 'Your hospital, your health, your say' which reflects our view that Chelsea and Westminster belongs to all who use its services, work here or live locally.

The event is made possible by the generous support of our Foundation Trust Council of Governors which includes representatives of patients, members of the public and our staff. We would like to thank our Governors for their support, which enables us to open our doors so that you can find out more about your local hospital.

Many of our clinics and departments are represented here today—as well as some of our charity and partner organisations who work closely with us—and we hope you enjoy finding out how we work together to deliver excellent care for patients both in the hospital and in the community.

There are also plenty of fun activities for our younger visitors to enjoy and opportunities to win some fantastic prizes.

There is plenty for you to see and do and while you're with us and we hope you enjoy your day. Thank you for joining us.

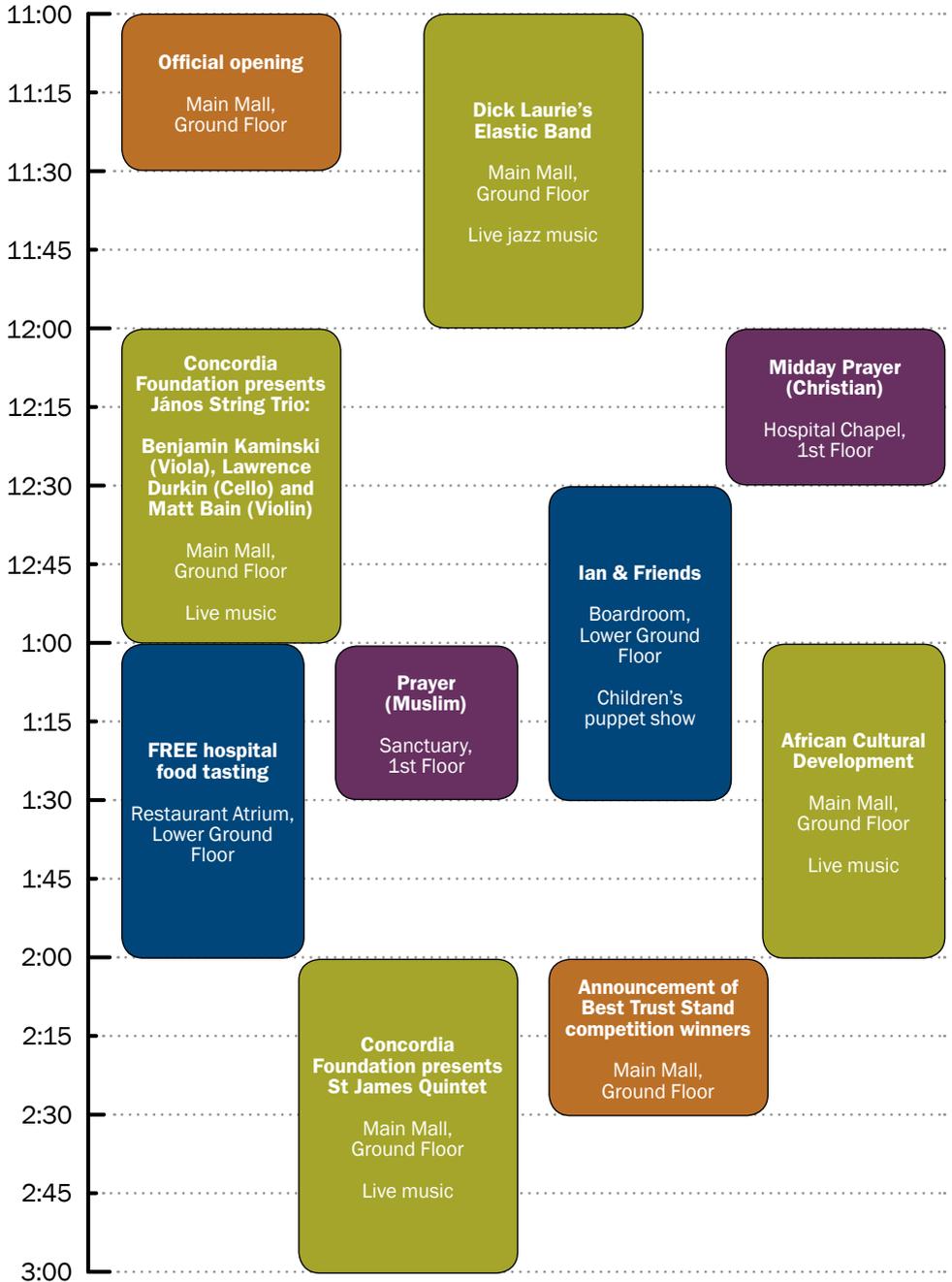


Heather Lawrence
Chief Executive



Professor Sir Christopher Edwards
Chairman

Programme of Events





Not to be missed...

For locations of stands and zones please see the Open Day directory (pp10–11)

Health and Wellbeing Zone Lower Ground Floor Outpatients

How healthy are you really? Now is your chance to find out. Visit the Health and Wellbeing Zone located in our brand new airport-style outpatient area on the Lower Ground Floor and book in for a **FREE mini health MOT**.

Have your **cholesterol** and **blood glucose levels** checked and your body composition measured including **Body Mass Index (BMI)**, **fat percentage**, **muscle mass** and **metabolic age**.

Chat to our experts about how you can reduce your risk of developing **diabetes** and **cancer** and ask for advice about **stopping smoking**.

Kids' Zone Ground Floor

This is the place for children today! Your little ones can bring along their teddy or doll to the **Teddy Bear Hospital** for a check-up and while they're here, have a go at making **plaster finger puppets**, visit one of our **special sensory rooms** or have their **face painted**.

You can also book in for a tour of the **Children's Dental Department** and our **Hospital School**.

Just outside in the main corridor there is also an opportunity to find out more about our **Children's Sunshine Appeal** and other **Children's Charities**, as well as the exciting redevelopment that is creating brand new facilities for our **children's services**.

Careers Zone

Postgraduate Medical Centre Lower Ground Floor

Are you considering a career in healthcare? Do you want to find out about all the careers you could choose and how to get started? Whether you are actively pursuing a career in healthcare or simply curious about what it's really like to work in a hospital, visit our **Careers Zone** and chat to our staff, as well as some of our education partners.

11am–12 noon—Nurses and midwives

If you're interested in becoming a midwife or a nurse, come to this session and talk to nurses, midwives, students and our partner universities to find out what it's like and then take a tour of the wards to see for yourself.

12 noon–1pm—Therapies

Did you know just how many therapists work in hospitals? Come and talk to physiotherapists, music therapists, play specialists and speech and language therapists, dietitians and many more and find how they help our patients get better.

1pm–2pm—Allied healthcare professionals

Our staff in services such as X-ray and Pharmacy are just as vital as doctors and nurses—if you're interested in finding out what it takes to be part of these teams then come along and meet the professionals.

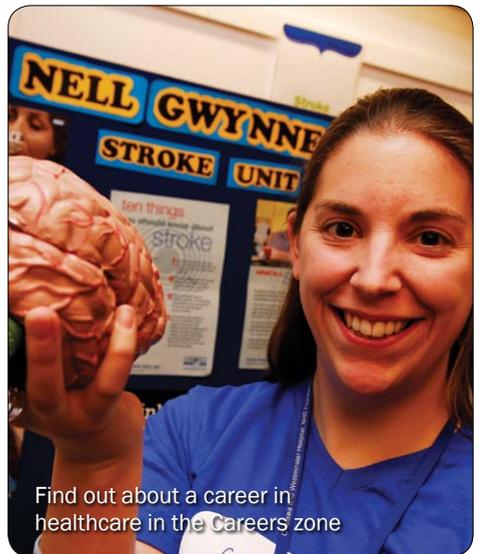
2pm–3pm—Medicine

So you want to be a doctor? What kind of doctor do you want to be? Come and talk to doctors from different specialities, medical students and the Imperial College School of Medicine and get an insight into what it takes to wear that white coat.

Win some fantastic prizes!

There are some amazing prizes up for grabs today, including an iPad and Nintendo DS:

- Try your hand at Cupcake Decorating in the Restaurant on the Lower Ground Floor—the winner of the best decorated cupcake will **win a Nintendo DS**
- Visit the Security stand in the Academic Atrium on the Lower Ground Floor and see if you can spot the security breaches—everyone who successfully identifies them will go into the draw to **win a meal for four people at Carluccio's**
- Have a go at the interactive archery game in the Academic Atrium on the Lower Ground Floor and you could **win a bicycle**
- Enter the ISS Quiz in the Academic Atrium on the Lower Ground Floor and go into the draw to **win an iPad**
- Visit the Research and Innovation Zone on the 1st Floor for your chance to **win an Amazon Kindle**





Tours

Today is your chance to sneak a peek behind the scenes of a busy hospital—why not take a tour to find out more?

Children’s Dental Department and Chelsea Community Hospital School

Finally...a visit to the dentist that’s fun! Find out if you’re really taking good enough care of your teeth, pick up some freebies and go behind the scenes at our fantastic Hospital School.

Booking

Kids’ Zone, Children’s Outpatients, Ground Floor—tours will run at 11:30am, 12 noon, 12:45pm, 1:30pm and 2:15pm

Hospital Arts

Chelsea and Westminster Hospital is home to the largest indoor sculpture in the world. We were the first UK hospital to be awarded museum status by the Museums Libraries & Archives Council.

Discover the amazing works of art located throughout the hospital and find out how Hospital Arts creates a healing environment for patients.

Booking

Chelsea and Westminster Health Charity stand, Kids’ Zone, Children’s Outpatients, Ground Floor—tours will run at 12 noon and 1pm

Lower Ground Floor Outpatients

Visit our brand new airport-style outpatient area which even includes self-check in.

Booking

Lower Ground Floor Outpatients reception desk—tours will run at 12 noon, 1pm and 2pm

Maternity

More than 5,500 women chose to have their baby at our hospital last year. Take a tour of our Maternity Services including our Labour and Postnatal wards and find out why.

Booking

Maternity stand, Ground Floor

Pharmacy

Visit our modern Pharmacy Department and see our robot in action.

Booking

Pharmacy stand, Ground Floor—tours will run at 12 noon, 12:30pm, 1pm, 1:30pm, 2pm and 2:30pm



Take a tour of our brand new airport-style outpatient area on the Lower Ground Floor

Radio Chelsea and Westminster

Our community radio station provides a full service of music and news programming 24 hours a day for patients and staff.

Visit our striking purpose-built retro design studio on the 2nd Floor of the hospital.

Booking

Ask about studio tours at the Radio Chelsea and Westminster stand, Ground Floor (next to Costa Coffee)

Treatment Centre

Go behind the scenes and visit our state-of-the-art Treatment Centre.

See a real operating theatre in action and find out what happens when you come into hospital for an operation.

Booking

Treatment Centre stand, Ground Floor—tours will run regularly

Follow in our patients' footsteps

Take a journey through the hospital by following in the footsteps of our patients. Pick up a form from the Welcome Desk on the Ground Floor, follow the clues and collect a series of stamps along the way. All correct entries will be entered into a prize draw.

Booking

Collect your form from the Welcome Desk, Ground Floor

Live music and children's entertainment

Live music and children's entertainment is provided by Hospital Arts, part of Chelsea and Westminster Health Charity



Dick Laurie's Elastic Band **11am–12 noon, Main Mall, Ground Floor**



Dick Laurie founded the Elastic Band in 1983, a mixture of professional and semi-professional musicians who have played from Fulham to Hong Kong. They are a popular mainstay at the Half Moon Putney, where they have been resident for 14 years.

Cheerful jazz with tunes from the Great American Songbook. Dancing welcome.

Concordia Foundation presents **János String Trio: Benjamin Kaminski (Viola), Lawrence Durkin (Cello) and Matt Bain (Violin)** **12 noon–1pm, Main Mall, Ground Floor**



The János String Trio is a young and vibrant ensemble with an international make-up. They made their recital debut at St Giles' Cathedral at the Edinburgh Fringe Festival in 2009 and have since performed extensively across Edinburgh, London, and at Leiston

Abbey in Suffolk with the Wihan Quartet. In November 2009 they premiered a new piece by Iona Bain at the Samaritans Edinburgh and Lothian 50th Anniversary concert.

Matt Bain is currently enrolled as a postgraduate student at the Royal College of Music (RCM), where he studies violin with Dona Lee Croft and is supported by the Lucy Ann Jones Award. Previously he read music at Christ Church, Oxford University, where he graduated with First Class Honours in 2007 and a Master of Studies in 2008. Matt plays on a Camillo Camilli violin (1767) on generous loan by the RCM.

Benjamin Kaminski received a Masters of Music degree with Distinction from the Royal Welsh College of Music and Drama and a Bachelor of Music degree from the Boston Conservatory.

Lawrence Durkin completed his studies with Leonid Gorokhov at the RCM as a Scholar supported by the Constant and Kit Lambert Award, Jacqueline Ward Award and the Astor Award. He received First Class Honours for his undergraduate studies at the RCM, having studied with Melissa Phelps and Moray Welsh.

Ian and Friends Puppet Show **12.30–1:30pm, Boardroom, Lower Ground Floor**



Ian has been a professional puppeteer for over 30 years. During this time he has been doing shows in theatre and on television, network and cable.

Ian has worked on TV programmes such as the Morecambe and Wise TV specials, Orm and Cheep, The Dave Allen Show, and in many Spitting Image specials and adverts. He worked with The Muppets on Fraggle Rock and on the movies Labyrinth, Little Shop of Horrors, The Adventures of Baron Munchausen, The Muppet Christmas Carol, and The Muppet Treasure Island.

Ian and his dozens of puppet friends promise to be a delight for children of all ages.

African Cultural Development 1–2pm, Main Mall, Ground Floor



African Cultural Development (ACD) consists of groups of both young and adult performers based in south London.

It was formed in 2008 with the mission to promote the awareness of African culture and art in the UK through various performance mediums—these include singing, dancing, storytelling, acting and playing traditional African instruments, especially percussion. Some of the traditional instruments used are thumb piano, xylophones, drums, tube fiddle and many others together with traditional costumes.

All artists identify and produce their themes of performances by showcasing their abilities, based on their past and personal experiences. ACD meet every week and encourage the members to participate in all of these art forms. This is one of the ways to get young people off the streets, and for them to be engaged and express their talents.

ACD aim to explore and deliver our heritages and live with the memory forever. The main focus is on traditional arts, such as Zulu dancing and all Ugandan styles of dancing and drumming, but creativity and fusion between cultures is encouraged too.

Concordia Foundation presents St James Quintet 2–3pm, Main Mall, Ground Floor



Winners of the Ensemble Prize at the 2009 Royal Overseas League Music Competition, the St James Quintet was formed in 2007 from students at the Royal Academy of Music for a performance at St James Palace for the awarding of the Queens Anniversary Medal.

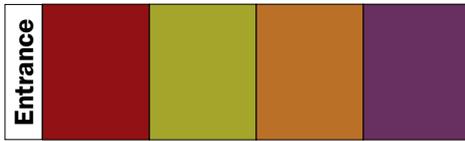
As part of the 2008 BBC Proms they gave the UK Premiere of Anders Hillborg's Six Pieces for Wind Quintet, which was later broadcast on BBC Radio 3. They made their Southbank debut in 2009 performing at the Queen Elizabeth Hall before going on to appear in recitals in Norfolk and Norwich Festival and in a love broadcast on BBC Radio 3's In Tune. They have performed for HRH The Princess Royal, Archbishop Desmond Tutu and Sir Harrison Birtwhistle.

The Quintet was recently appointed Leverhulme Chamber Music Fellows at the Royal Academy of Music and were awarded the Philharmonia Orchestra/Martin Musical Scholarship Fund Ensemble Award in May 2009.

Future performances include recitals at the Purcell Room, St Georges Hanover Square, St Albans, the Royal Overseas League and Wigmore Hall.

Open Day directory

Ground Floor



Red area

Welcome Desk

Membership and Patient Advice & Liaison Service (M-PALS)

Kensington and Chelsea LINK

Infection Control

Friends of Chelsea & Westminster Hospital

Treatment Centre

Emergency Planning

Outside main hospital entrance

Green area

Council of Governors

Information Zone

Hospital Radio

Maternity and Women's Health Zone

- Assisted Conception Unit (ACU)
- Breastfeeding Awareness
- Colposcopy
- Gimbie-Ethiopia Link
- Gynaecology
- Maternity

Intensive Care Unit (ICU)

Neonatal Intensive Care Unit (NICU)

Burns

Orange area

Supporting Older People Zone

- Age Concern
- British Red Cross
- Dementia
- Carers Network Westminster
- MediHome
- Social Services

Therapy Zone

- Central London Community Healthcare NHS Trust
- Hand Therapy
- Inpatient Therapy Teams
- Kensington and Chelsea Podiatry and Osteopathy
- Musculoskeletal Physiotherapy
- Orthopaedic and Rheumatology Service
- Palliative Care
- Stroke Therapy Team

Purple area

Kids' Zone

- Chelsea and Westminster Health Charity
- Children's Burns Trust
- Children's Hospital Trust Fund
- Facepainting
- Play Service
- St Nicholas Fund
- Teddy Bear Hospital

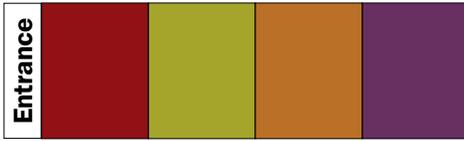
Finance

Pharmacy

Radiology

Clinical Engineering

Lower Ground Floor



Red area

Careers zone

Postgraduate Medical Centre

- Careers event
- Human Resources (HR)
- Staffside

Green area

Estates, Facilities & Security

Academic Atrium

Orange area

Health and Wellbeing Zone

Lower Ground Floor Outpatients

- Cancer Services
- Diabetes
- Kensington and Chelsea Stop Smoking Service
- Weight Loss Surgery (Bariatrics)
- Westway Development Trust

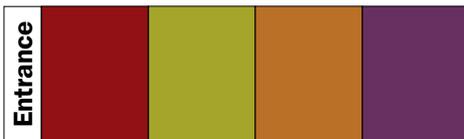
HIV & Sexual Health

Outside Lower Ground Floor Outpatients

Purple area

Restaurant

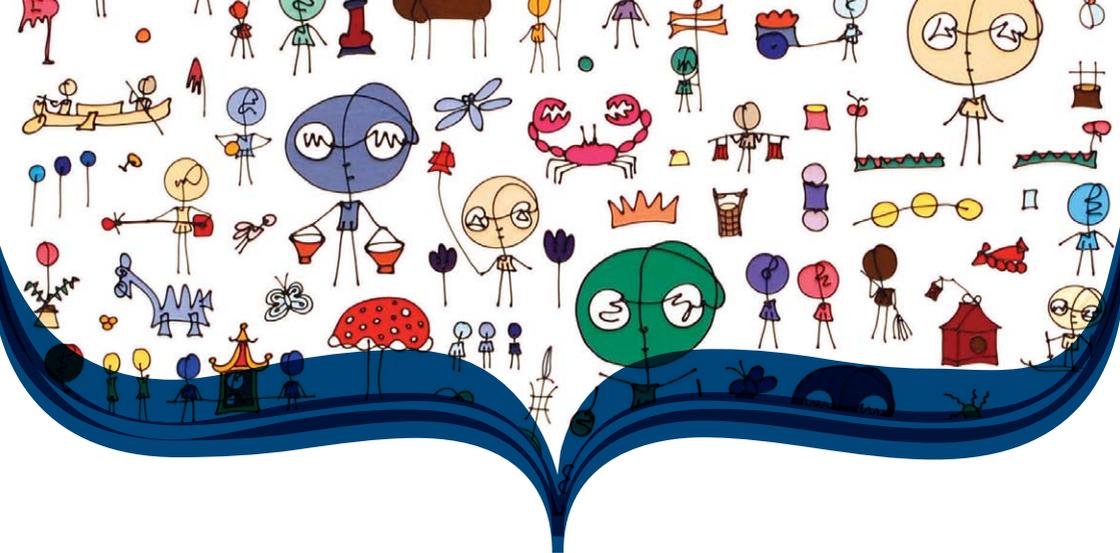
First Floor



Green area

Research and Innovation Zone

- National Institute for Health Research Collaboration for Leadership in Applied Health Research and Care for Northwest London (NIHR CLARHC NWL)
- North West London Health Innovation and Education Cluster (NWL HIEC)
- Research and Development
- Training for Innovation (TFI)



Join today and win!

£50 worth of prizes up for grabs!

Become a Foundation Trust member today at the Council of Governors' stand (Ground Floor, green area) and you will be entered into a prize draw

By becoming a member of the Trust, you can play a vital role in the way we develop our services.

- Vote in the Council of Governors elections
- Stand for election to the Council of Governors
- Help develop and improve our services
- Receive a regular newsletter
- Comment on new service developments
- Be invited personally to the Annual Members' Meeting and Open Day

Becoming a member is completely free of charge and easy to do:

- Join online at www.chelwest.nhs.uk/getinvolved
- Pick up a **membership leaflet** and complete and return the application form—no stamp required
- Call **0870 707 1567**—calls charged at national rate

Choose
**Chelsea and
Westminster**

Chelsea and Westminster Hospital **NHS**
NHS Foundation Trust