



OPEN
DAY

PROGRAMME

LIVE MUSIC • WELLNESS • TOURS
TEDDY BEAR HOSPITAL • MUCH MORE!

WELCOME



WE ARE DELIGHTED TO WELCOME YOU TO THIS YEAR'S OPEN DAY AT CHELSEA AND WESTMINSTER HOSPITAL.

This event is made possible thanks to the generous support from the Foundation Trust Council of Governors. We would like to thank the Governors for their ongoing support, which enables us to open our doors and showcase our hospital to the communities we serve. Many of our clinics, departments and teams are represented here today, as well as charities and external organisations who work closely with us. We'd like to take this opportunity to thank everyone who has made today happen.

The event will feature many of the popular stands and behind-the-scenes tours from previous years. The theme of this year's event is one of our values, "Safe". Stop by our stand on the Ground Floor that will let you know of the changes we've made since our CQC inspection last July. It will also showcase the results of our peer review where clinicians from other Trusts came and inspected our services to see these changes from the front line. There are also many fun and educational activities for children and families to enjoy including the Teddy Bear Hospital. Further details about not-to-be-missed events are detailed on page 4 of this programme.

We would like to thank Jane Bell for officially opening our event today. Jane knows this hospital very well as her family are cared for by our Paediatric services and she is a real supporter of Chelsea and Westminster Hospital as she has set up a charity, Gutsy Gastros, to support children who have chronic bowel, intestinal and gastric disorders.

There is lots for everyone to see and do including health checks, activities and quizzes. Thank you for joining us and we hope you enjoy your day.

PROGRAMME OF EVENTS



11–11:45am	Performance: Solid Steel Main Atrium, Ground Floor
11:45am	Welcome by Jane Bell Mum of long term patient Heidi Main Atrium, Ground Floor
12 noon	Midday Prayer (Christian) Hospital Chapel, 1st Floor
12–12:45pm	Performance: Trio Manouche Main Atrium, Ground Floor
12:45–1pm	Age UK exercise class Main Atrium, Ground Floor
1–1:45pm	Performance: All That Malarky Main Atrium, Ground Floor
1:15pm	Prayer (Muslim) Sanctuary, 1st Floor
1:45pm	Announcement of the Best Stand competition winners Main Atrium, Ground Floor
2–2:45pm	Performance: Dick Laurie's Elastic Band Main Atrium, Ground Floor
3pm	Close

DON'T MISS...



CHILDREN'S ZONE

Children's Day Surgery waiting area 1st Floor, Lift Bank B

Come to the Children's Zone to see Chelsea Children's Hospital, which was opened in March 2014 by Their Royal Highnesses The Prince of Wales and The Duchess of Cornwall.

This area has been transformed for the day into an exciting area for children to explore and learn. Bring your teddy or doll to the Teddy Bear Hospital for a check-up or get your face painted!

There will also be lots of different stands from teams who help look after you when you are in hospital.

Visit the Children's Hospital Trust Fund stand from 11–11:30am and donate £1 for a selfie with the famous Ice Queen!

ESTATES AND FACILITIES

Academic Atrium, Lower Ground Floor, Lift Bank B

Our Estates and Facilities team and contractors ISS, Norland and HATS have lots of activities planned and goodies up for grabs:

- ISS have invited Michelin Star chef Mark Sargent who will be with us from 11am—come and test your omelette-making skills against him! He will also be giving cooking demonstrations and answering your questions—visit the ISS stand for times.

- Norland have plenty of fun and games in store, plus giveaways! Dress up as a safety engineer, play Giant Operation, Giant Jenga and Boom Balloon Blasters. Also learn more about their charity bike ride to raise money for their End to End Challenge which will support the latest project for the Children's Hospital Trust Fund to buy a "digital swallowing workstation" for children.
- Find out about wheelchair transportation safety with HATs, build a miniature wheelchair and guess which wheelchair is safe to transport—prizes to be won!
- Visit the security stands for quizzes and further information on hate crime prevention with the Local Borough Police and learn how the Metropolitan Anti-Terrorist Police prevent terrorism.
- Come and have your bike checked over by Dr Bike for free.

KIND CORNER

1st Floor, Lift Bank B

Teams and support organisations have come together to show you the services available to help make life easier for patients. Visit our learning disabilities and transition stand and see what outside organisations are doing in the community to help make healthcare better for everyone.

SAFE

Main Atrium, Ground Floor

Visit our stand dedicated to showing you what we are doing following our Care Quality Commission (CQC) inspection last year.

CHELSEA AND WESTMINSTER HOSPITAL AND WEST MIDDLESEX UNIVERSITY HOSPITAL

Main Atrium, Ground Floor

Have you heard about our proposed acquisition with West Middlesex University Hospital? This year we have stands dedicated to both hospitals and their histories! Visit them to learn about the past and the futures of both sites.

LEARNING AND DEVELOPMENT: SUPPORTING HEALTHCARE

Boardroom, Lower Ground Floor

Visit the learning and development team to find out about the career development pathway from school to becoming a healthcare professional.

Meet Trevor Trunk, one of our many task trainers, and join in with one of our CPR competitions where you can help resuscitate one of our manikins for prizes at 11:30am, 12:30pm, 1:30pm and 2:30pm.

HEALTH MOTS

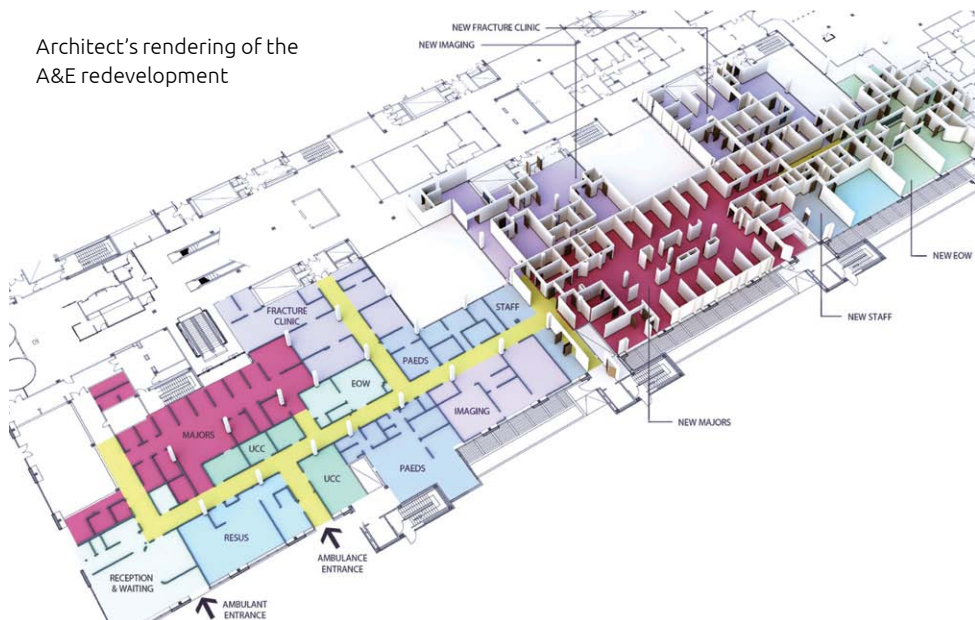
Outpatients, Lower Ground Floor

Come to the Lower Ground Floor Outpatients to have a health MOT and lifestyle advice. Find out your numbers for BMI, body fat, visceral fat, blood pressure, glucose and cholesterol.

TOURS



Architect's rendering of the
A&E redevelopment



A&E HARD HAT TOURS

Have a sneak preview of our A&E department redevelopment. Hard hats and any other safety items will be provided!

Participants

6–8 people per tour

Booking

A&E stand, Ground Floor

Times

11am, 12 noon, 1pm, 2pm

AGE UK GENTLE EXERCISE CLASS

Age UK will be running a gentle exercise class in the performance space to get your bodies moving and energised

Visit their stand at the top of the escalator, 1st Floor to find out more.

Location

Main Atrium, Ground Floor

Time

12:45pm

AMBULANCE TOUR & RIDE

Healthcare and Transport Services (HATs) and Patient Transport Service (PTS) are offering tours including a short ride in a real ambulance!

Booking

Estates and Facilities, Academic Atrium, Lower Ground Floor

Participants

6 people per tour

Times

11:15am, 12:15pm, 1:30pm, 2:15pm

CHELSEA CHILDREN'S HOSPITAL THEATRE TOURS

Take a tour of the operating theatres at Chelsea Children's Hospital.

Participants

20–30 people per tour

Booking

Chelsea Children's Trust Fund stand, Children's Zone

Times

12 noon, 12:30pm, 1pm



ENERGY CENTRE HARD HAT TOURS

Pick up a hard hat and go deep into the inner workings of the hospital building for a fascinating look at the things that keep it running.

Our Energy Centre can provide enough electricity to power 1,000 electric kettles at the same time, generates 55 tonnes of steam every day and is one of the few systems that creates cold water by using hot water.

Come and see how it works!

Important information

- Groups of up to 10 will be escorted by two trained members of staff
- Attendees must be able to manage steep stairs unaided and no babies please
- Flat shoes are better but no need for steel toecaps

Booking

Norland stand, Academic Atrium, Lower Ground Floor, Lift Bank B

LIVE MUSIC

PROVIDED BY CW+



SOLID STEEL

11–11:45am



Solid Steel is a leading UK-based steel band comprised of some of the finest steel pan players produced since the instrument was first introduced here in the 50s. One of those early pioneers was Max Cherrie and it's his son, Paul, who founded the band 20 years ago. The first steel band featuring primarily British musicians of Caribbean parentage, it is now established as perhaps the hardest working of its kind in the UK today.

Its reputation has been enhanced with each passing year by an impressive variety of work that includes television, radio and a busy touring schedule that has seen them perform throughout Europe, Africa, Asia, and the Middle East. The band's latest CD *Three* was released in spring of 2008 and was conceived as a tribute to the small genre from which it comes and to those that pioneered it. That genre is the all-acoustic three piece steel band or 'steel trio' as it is better known.

TRIO MANOUCHE

12–12:45pm



Trio Manouche are one of the UK's leading gypsy swing ensembles, performing inspired reworked classics of Django Reinhardt in addition to highly acclaimed original material penned by their band leader Simon Harris, bringing a unique and contemporary twist to this ever popular genre.

Since forming in 2005, the trio have performed in top Jazz venues, including Ronnie Scott's and 606 Club, concert halls from Kings Place to Barbican Hall and major UK festivals including Glastonbury, Secret Garden Party, The Mostly Jazz Festival and Shambala Festival.

The trio currently have a residency at 606 Club and Le Quecumbar London, have just released their first EP *Fall In Love With Swing*, reaching n°3 in the online bandcamp charts, and are also regular guest performers on various BBC Radio shows including a recent performance and interview on Radio 3's *In Tune*.

ALL THAT MALARKEY

1–1:45pm



All That Malarkey are a Cardiff-based classical cabaret act who are dedicated to bringing audiences a fresh sounding, entertaining theatre show, boasting brand new arrangements of songs, sketches, fairy tales, extraordinary medleys and entrancing ballads—all with the Malarkey twist! All That Malarkey perform in theatres, concert halls and manor houses with regularly updated staged programmes that never fail to leave audiences of all ages and tastes roaring, crying and smiling as they witness glamorous, exceptionally high-quality music in a completely refreshing, utterly camp and thrilling package.

DICK LAURIE'S ELASTIC BAND

2–2:45pm



The Elastic Band was formed 21 years ago and includes some of the most distinguished performers in jazz. The music ranges far and wide, from Dixieland to Mainstream, New Orleans to Bebop.

Dick Laurie's Elastic Band has appeared on radio and television shows, as well as performing at the National Theatre, the Royal Festival Hall, the Barbican Centre, Silk Road, London and at the Royal Albert Hall, South Kensington.

DIRECTORY



GROUND FLOOR

Entrance	Reception	Lift Bank B	Lift Bank C	Lift Bank D
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Reception

- Welcome desk
- Volunteers stand

Lift Bank B

- A&E redevelopment
- Burns service
- CW+
- Friends of Chelsea and Westminster
- History of Chelsea and Westminster
- History of West Middlesex
- Hospital Radio
- Integration
- MediCinema
- National Institute for Health Research Collaboration for Leadership in Applied Health Research & Care (NIHR CLAHRC)
- Research and development
- 'Safe' display
- Staffside

Lift Bank C

- Cancer and palliative care
- Council of Governors
- Infection control
- Intensive Care Unit (ICU)
- Maternity
- Neonatal Intensive Care Unit (NICU)
- Private patients
- Trauma and orthopaedics

Lift Bank D

- Emergency planning
- HIV and sexual health
- Neurology
- Pharmacy
- St Stephen's Volunteers
- Therapy services

LOWER GROUND FLOOR

	Lift Bank B	Lift Bank C	Lift Bank D
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Lift Bank B

Academic Atrium:

- Community police
- Council of Governors
- Estates and facilities
- Healthcare and transport services
- ISS Mediclean
- Norland Managed Services

Lift Bank C

Boardroom:

- Clinical skills and education

Lower Ground Floor Outpatients:

- Bariatric (weight loss) surgery
- Community dental service
- Decontamination services
- Dermatology
- Diabetes
- Health MOTs
- Nutrition and dietetics
- Phlebotomy
- Stop smoking service
- Stroke services

FIRST FLOOR

	Lift Bank B	Lift Bank C	Lift Bank D
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Lift Bank B

- Liaison psychiatry
- London Health Commission
- X-ray department

Kind corner:

- Age UK
- Carers UK
- Full of Life
- Good Care Group
- Healthwatch
- Learning disabilities and transition
- Multifaith chaplaincy service

Lift Bank D

Children's Zone (inside Children's Outpatients):

- Children's Hospital Trust Fund
- Face painting
- Gutsy Gastros
- Play therapy
- St Nicholas Fund
- Teddy Bear Hospital
- West London Clinical Commissioning Group



BECOME A MEMBER TODAY!

BECOME A FOUNDATION TRUST MEMBER TODAY AT THE COUNCIL OF GOVERNORS' STAND (GROUND FLOOR)

By becoming a member of the Trust, you can play a vital role in the way we develop our services:

- Vote in the Council of Governors elections
- Stand for election to the Council of Governors
- Help develop and improve our services
- Receive a regular newsletter
- Comment on new service developments
- Be invited to the Annual Members' Meeting and Open Day

Becoming a member is free of charge and easy to do:

- Join online by visiting our website **www.chelwest.nhs.uk/getinvolved**
- Pick up a membership leaflet and complete and return the application form